



Sun Splash mascots Coral and Reef made an appearance at Discover Parks & Recreation Day last year photo provided

National Park And Recreation Month Family Fun

Discover the power of play this July when Cape Coral Parks & Recreation joins municipalities from across the country to celebrate National Park and Recreation Month. Initiated

by the National Recreation and Park Association (NRPA) and celebrated in July since 1985, this annual observation recognizes all the ways parks and recreation can transform people's daily lives. From providing places to play and stay healthy, to fostering new relationships and forging connections with nature, Cape Coral's park and recreation facilities provide essential services and improve the local quality

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A Sweeping Production Comes To Broadway Palm



Top row from left, Kylan Ritchie as Jane Banks and Liam Huft as Michael Banks. Bottom from left, Meagan Mapson as Mrs. Brill, James Taylor Odom as George Banks, Melissa Whitworth as Mary Poppins, Desirée Dillon as Winifred Banks and Danny Boman as Robertson Ay. photo provided

by Di Saggau

Watching *Mary Poppins* at Broadway Palm makes for a magical evening for all ages. Everyone's favorite nanny is played by Melissa Whitworth and she is practically perfect in the role, no doubt about it. The moment she flies on stage with her trusted umbrella to help put a fractured

family back together again, the audience enters a world that is definitely Supercalifragilisticexpialidocious. With her multiple talents, she can even say that word backwards.

The choreography, the comic timing, costumes and incredible direction make for an outstanding production. There is never

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Support this handsome dog and his shelter buddies at Brews For Barks events

photo provided

Microbrewery To Host Humane Society Benefits

If you have a cold one during these hot summer days at the Millennial Brewing Company every second Tuesday of the month, you will leave with the fulfillment

of helping the Gulf Coast Humane Society (GCHS) shelter animals.

The downtown Fort Myers microbrewery will be hosting Brews for Barks beginning Tuesday, July 11 from 6 to 8 p.m. A portion of that night's profits will benefit GCHS. The event will continue every second Tuesday of each summer month.

"This will be a tremendous partnership

continued on page 20

Human Trafficking Program To Be Held At Fort Myers Library



Children and teens are welcome to attend the free program

photo provided

Violence in the media and dangers of the Internet and social media impact kids in ways we never imagined. But one thing hasn't changed. Young people need to learn how to protect themselves

and to recognize dangers in their world.

On Monday July 17, Friends of the Fort Myers Library will host a free program about Human Trafficking in the meeting

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Historic Downtown Fort Myers, Then And Now:

Boom-Time Hurricane Survivor



by Gerri Reaves, PhD

This recent photo of the long blue building on Palm Beach Boulevard might not evoke thoughts of the 1920s boom. However, for a brief time, the Starnes Building was the centerpiece in the small but booming City of East Fort Myers, which had everything from a barbershop to a movie theater and a grocery store.

Charles L "CL" Starnes completed the brick building in 1926 near the entrance to the Edgewood Subdivision at Superior Street at a cost of \$80,000.

The timing seemed perfect, given the boom and the great promise of the East End." Just two years before, the Fremont

Bridge (also spelled Freemont), the first across the Caloosahatchee River, had opened just a couple of blocks away.

Also in 1926, the new Edgewood School opened, serving a growing East End population. The small but thriving business district also gained a bank that same year, Citizens Bank. It was located across Superior Street from the building pictured here (to the photographer's left and out-of-frame).

To top-off the rosy 1926 forecast, the Seaboard Air Line Railway completed a Mediterranean-style passenger depot on East Riverside Drive.

Experts prophesized that East Fort Myers would soon surpass Fort Myers proper as the central business district.

But the timing for the Starnes Building was anything but perfect.

On September 18, a hurricane barreled into Fort Myers after devastating Miami.

The historic photo taken just after that legendary hurricane illustrates the damage suffered by the building shortly after its much celebrated debut. The damage on the façade, especially, makes it difficult to believe it's newly constructed.

Notice that the corner section was originally two stories, with Starnes Drug



Starnes Building, E. Fort Myer, 1926

The Starnes Building was newly constructed when the Hurricane of 1926 caused the damage seen here. Located on Palm Beach Boulevard at Superior Street, it was at the center of a thriving small business district called the East End, or East Fort Myers.

photo courtesy SWFL Florida Historical Society



The historic Starnes Building has survived more than nine decades photo by Gerri Reaves
Store located there.

The "East Side was badly hit," according to damage reports in the local press, and scores of homes were "totally wrecked."

In fact, roof damage to the roof of the new Starnes Building resulted in ruined stock.

All was not lost, but the East End never fully recovered its pre-hurricane promise. The Great Depression soon followed, delivering a double blow.

One bright spot, though, was in the form of a delay. It was several more years, 1930, before the modern Edison Bridge opened at Fowler Street and stole the traffic, economic boost and the prestige that the little wooden Fremont Bridge had given a want-a-be city.

Today, an auto parts store is located in the Starnes Building.

Sonny Dunton, the owner for about 40 years, says that 10 feet of the width has been removed at the corner, but the rest of the building is intact.

He appreciates the history of the East End and remembers many of the businesses of past decades, such as Wanda's Sundries, which was located in the building he now owns from the 1950s and into the early 1960s.

He would like to restore the structure for retail, for mixed-use, or even as residences once the economic climate is right. The restoration would include exposed brick interior walls and a return to the brick exterior

Learn more about the East End at these two local research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, and *The Story of Fort Myers* by Karl H. Grismer.✪

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Ronald McDonald Program Honors Local High School Students



High school seniors were honored at a special reception

photos provided

Ten high school seniors from Lee and Collier counties received a scholarship from Ronald McDonald House Charities (RMHC) of Southwest Florida.

Lee County students Anna Dostie, Jack-William Barotta and Kyani Wardlow will each receive a \$1,000 scholarship a year for four years; Helena Robertson, Pamela Peralta, Branden Pearson, Kayla McNeely, Rocio Flores and Angela Arroyo will each receive a \$1,000 scholarship. Collier County student Robert Garcia will also receive a \$1,000 scholarship.

Students and their families were invited to a special reception held in their honor last month at the Ronald McDonald House in Fort Myers.

"The RMHC U.S. Scholarship Program provides high school seniors who wish to continue their education the opportunity to apply for a scholarship and receive financial assistance to attend college," said Larry Benforado, RMHC scholarship committee chair. "It is our goal to help make the dream of a college education a reality for students who wish to further their education."

The mission of Ronald McDonald House Charities of Southwest Florida is to create, find and support programs that directly improve the health and well-being of children and their families in Lee, Charlotte, Collier, Glades and Hendry counties.✱

examination, advocacy and education.

Artwork may be two- or three-dimensional and of any media. Only original works will be accepted into the live auction. Art must be delivered to the ACT administrative offices on or before July 31. Silent auction artwork and other items are also being accepted. Artists and donors will receive one or two free tickets to the art auction for their donation, which will be held at Coconut Point Hyatt Regency on November 11. In addition, donating artists will be featured in the annual magazine directory of Southwest Florida's Finest Artists.

Contact Claudia at 939-2553 or cgoode@actabuse.com with any questions about participating in this event. Forms may be downloaded from www.artsforactfineartauction.com.✱

Art Donations Sought For Benefit

Abuse Counseling and Treatment, Inc. (ACT) needs donations of original art, paintings, sculptures and hand-made jewelry or one-of-a-kind art furniture from professional and emerging artists for its fine art auction fundraiser. ACT officials are also seeking weekend get-a-ways, day spa trips, music, fine wines and fine dining gift certificates, movie, sports and music memorabilia and more. This gala event benefits ACT clients, the survivors of domestic violence, human trafficking and sexual assault, and their children.

ACT is a non-profit agency that provides safe shelter, counseling, a 24-hour hotline, information and referral, forensic



The Florida WaterVentures Traveling Lab will be on hand for Family Fun Day and the Monday following

photo provided

Refuge Eco-Fest Set For October

This year's "Ding" Darling Days birding and eco-festival at JN "Ding" Darling National Wildlife Refuge on Sanibel will be held during the week of October 15 to 21.

Family Fun Day kicks off the week with free activities on Sunday, October 15. It features all-free refuge tours, live wildlife presentations, the Florida WaterVentures Traveling Lab, a new exhibit debut, archery clinics, hot dogs, a butterfly house and kids nature crafts.

Conservation Art Day winds up the continued on page 4

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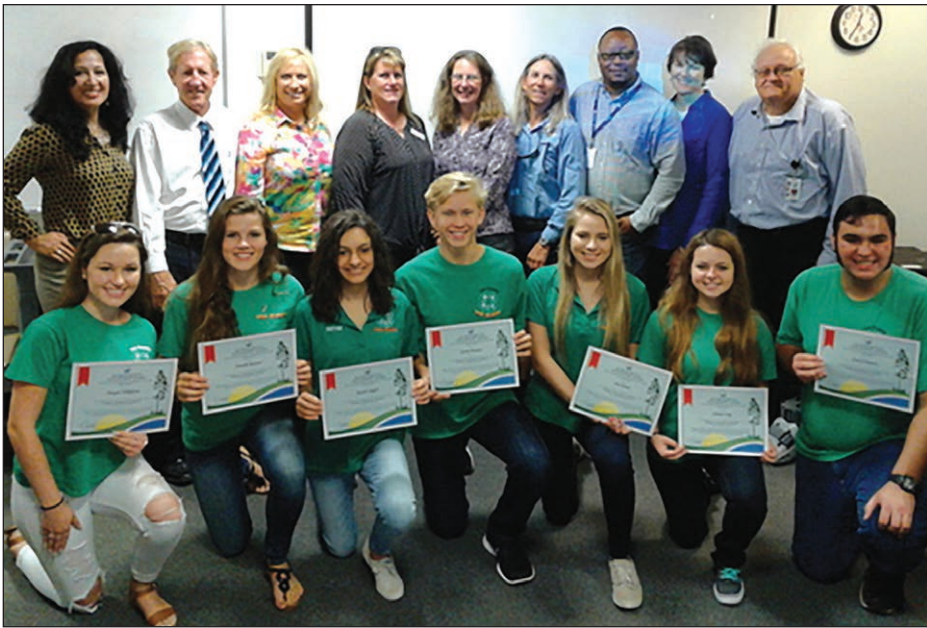
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Trail Blazers 4-H Club presented awards for bettering the environment for future generations photo provided

District Presents Environmental Awards

The Florida Department of Environmental Protection's (DEP) South District recently presented environmental stewardship awards to the members of the Lee County Trail Blazers 4-H Club for their "Adopt-a-Mangrove" project and participation in community restoration and shoreline cleanup projects.

"The department commends the Trail Blazers for their commitment to protecting and promoting awareness of Florida's natural resources and encouraging positive community involvement," said Jon Iglehart, DEP South District director.

The Adopt-a-Mangrove project, which started in 2011, helps promote shoreline protection and encourage mangrove restoration through community involvement. The Trail Blazers' enthusiasm, leadership and initiative serves as inspiration for other youth in the community.

The Trail Blazers have also been involved in community projects such as beach, mangrove and shoreline cleanups and Keep Lee County Beautiful's

Monofilament Madness events,. They have demonstrated their leadership skills by taking part in a Mock Legislature and 4-H Day at the Florida Capitol.*



Steven Becker during the 2017 Key West Swim Awards Ceremony photo provided

Swimmer Supports Foundation

Once again, Immokalee High School IT Academy Director Steven Becker swam the extra mile – actually, quite a few of them during his fifth race – and raised more than \$5,500 in support of The Immokalee Foundation during the annual Florida Keys Community College Swim Around Key West.

On June 10, Becker swam 12.5 miles around the island to raise money in support of scholarships for Immokalee students. The swim can take anywhere from four to more than eight hours. To prepare, Becker swam two miles in a pool on weekdays and four to six miles in the Gulf on weekends.

Becker exceeded impressive goals this year: he completed the swim in five hours and 18 minutes; placed third overall for

solo males; placed first in his age group; and had more than 30 contributors donate to benefit the foundation's Take Stock in Children scholarship program.

"Although the swim is over, I encourage everyone to contribute to The Immokalee Foundation," said Becker, who recently turned 55. "Their success propels me to want to keep doing it."

Becker has been active in several Immokalee Foundation programs, including Career Development, which helps students refine academic skills, guides them through a process of career goal-setting and increases their knowledge of career opportunities. The program also infuses innovative ideas to attract students who seek alternative education choices. Becker experienced a career change himself in 2009: After spending 25 years in corporate America, he began teaching at Immokalee High School. This summer, he will teach a two-week computer coding class to high school students as part of the foundation's program.

He also has been a mentor for The Immokalee Foundation's Take Stock in Children scholarship program. As a mentor, Becker enjoys the opportunity to empower students and help them find their own personal paths to success. His role is to motivate his mentee to reach their potential and help them navigate the challenges of education and life.

Becker praises The Immokalee Foundation and especially the nonprofit's staff and board members. "It's inspiring to work with a team of supporters with their level of commitment and involvement," he said.

To learn more about The Immokalee Foundation, volunteering as a career panel speaker or host, becoming a mentor, making a donation, including the foundation in your estate plans, or for more information, call 430-9122 or visit www.immokaleefoundation.org.*

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From page 3

Eco-Fest

celebration on Saturday, October 21 with visits from Federal Duck Stamp and Junior Duck Stamp winners and nature art workshops. The day celebrates the 141st birthday of the refuge's namesake, father of the Federal Duck Stamp program and Pulitzer Prize-winning cartoonist, Jay N. "Ding" Darling. The refuge will be serving free birthday cake to celebrate the occasion.

Free and discounted birding, biking,

kayaking, paddleboarding, sea-life boating tours and interpretive presentations will fill the week between the two events.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) and Tarpon Bay Explorers, the refuge's recreation concession, co-sponsor "Ding" Darling Days with support from the local community and businesses.

Visit www.dingdarlingdays.com for updates on events, information on sponsoring "Ding" Days, or to sign up for email update bulletins.*

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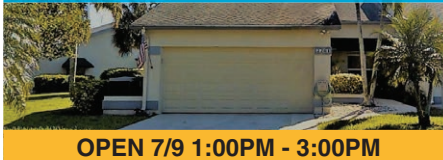
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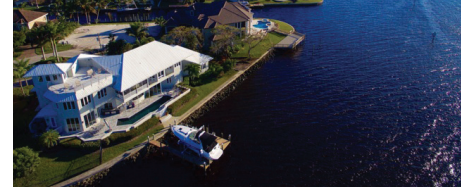
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Gallery Sells Paintings To Sarasota Museum

by Tom Hall



Lovegrove Gallery & Gardens has announced the acquisition of four paintings by The Marietta Museum of Art & Whimsy. Located in Sarasota, the museum has a

growing reputation for collecting and exhibiting culturally significant, contemporary artwork that celebrates upbeat themes and whimsical notions.

"We are very fortunate to have Leoma Lovegrove's work in our permanent collection," said museum founder and curator Marietta (Mary) Lee. Lee was attracted to the paintings because of their bright and cheerful motifs and adroit workmanship.

The selected paintings come from Lovegrove's Florida Floats My Boat series, which she painted for Bealls in 2016. Images from the series appear on a host of Bealls' products, including tees, tanks and other tops; nightgowns; totes; beach umbrellas, chairs and towels; watches and jewelry; and sundry housewares. Like The Marietta Museum



***Beach'n Ride* by Leoma Lovegrove**

images courtesy www.artswfl.com

of Art & Whimsy, Bealls fell in love with Lovegrove's bold, vibrant colors and her uncanny ability to capture in acrylic Southwest Florida's active, healthy, water-based lifestyle. Today, Lovegrove's images appear on millions of Bealls products, which are sold in each of the chain's 74 brick-and-mortar Florida stores, as well as online.

Each of the paintings The Marietta Museum purchased measures 36 by 48 inches. *Our House* depicts a beach house with two cats in the yard. *Mozart* is homage to the artist's beloved Moluccan cockatoo. *My Glamper* is inspired by Lovegrove's colorfully



Mozart by Leoma Lovegrove

wrapped, trademark mobile art studio (which appeared on the cover of the Summer 2014 issue of *Studios* magazine). *Beach'n Ride* depicts a bicycle that Lovegrove once displayed in her own botanical garden on Matlacha Island.

Dedicated to “collecting, preserving and exhibiting works of artistic and whimsical importance,” The Marietta Museum of Art & Whimsy is only open to the public between 1 and 4 p.m. Thursday through Saturday in season, which runs this year from November 16 through May 27, 2018. Located at 2121 North Tamiami Trail, Sarasota,


the museum is identifiable by the three bright pink, 1,200-pound flamingos that stand outside its entrance and lauded for its lush, tropical sculpture garden that features flocks of plastic flamingos as well as three winged pink pigs preparing to take flight. While admission is free, the non-profit museum does appreciate a \$5 donation per person. For more information, visit www.whimsymuseum.org or call 941-364-3399.


Lovegrove is an impressionist-expressionist painter known worldwide for her vivid colorful paintings. A graduate of Florida's prestigious Ringling School of Art + Design, Lovegrove makes her home on Matlacha Island, where she welcomes thousands of visitors each year to her gallery, international headquarters and own botanical gardens. Her work can be found in numerous public and private collections throughout the United States and Europe, including the private collection of the White House in Washington, DC and the Presidential Library of George W. Bush in Dallas, Texas. Her portrait of Jimmy Carter hangs in his Presidential Library in Atlanta, Georgia and that of Sir Richard Branson is displayed in the London headquarters of Virgin Airlines. Her artwork has also graced the windows at Rockefeller Center in New York City.

Lovegrove has the honor and distinction of being the first American to paint on the replica of Claude Monet's floating studio in Giverny, France and to exhibit work in Pierre Bonnard's

continued on page 13

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Along The River

First Celebrates Freedom, presented by First Presbyterian Church of Fort Myers and sponsored by the Galloway Family of Dealerships, will be held at **First Presbyterian Church** this Thursday, July 6 at 7 p.m. It will feature a 90-minute performance of patriotic music, hymns, instrumentalists and special guests. Doors open at 6:30 p.m.

Admission is free, although voluntary cash donations and cans of non-perishable food will be accepted to benefit Community Cooperative (The Soup Kitchen). Community Cooperative provided food and other services to 10,250 people last year with the help of partner agencies, including the Harry Chapin Food Bank and United Way agencies.

The First Presbyterian Chancel Choir and friends will be featured during the evening, which will include sing-a-longs of well-known patriotic music and hymns everybody knows.

First Presbyterian Church is located at 2438 Second Street in downtown Fort Myers.

For more information, call 334-2261 or visit www.fpcfortmyers.org.

The River District Alliance will host the monthly art event called **Art Walk** in **downtown Fort Myers** this Friday, July 7 from 6 to 10 p.m. and Saturday from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and exhibitions



Aerial Perfection by Al Hoffacker will be included in the photography exhibit at **Sidney & Berne Davis Art Center** photo provided

along the river district.

Each Friday evenings, the free, self-guided tours of visual arts galleries will also involve accompanying live entertainment. Many venues also feature additional attractions and specials. There are also opening receptions for exhibits at galleries, including one at Arts for ACT Gallery, located at 2265 First Street, featuring a wide array of group artists.

The following Saturday is a more casual visitation throughout the galleries. The event is on a rain-or-shine basis.

For more information, visit www.fortmyersriverdistrictalliance.com.

Sidney & Berne Davis Art Center will play host to Al Hoffacker's **Strictly Native Wildlife Photography exhibit** during the month of July. The free opening reception will be held this Friday, July 7 from 6 to 10 p.m. The exhibit features wildlife of South Florida, the Everglades and the Florida Keys.

Hoffacker is a retired wildlife/marine consultant and naturalist who has lived his entire life – a span of over 60 years – in south Florida and the Florida Keys. After five years of retirement and being in the woods and on the water almost every day, he decided it was time to document nature's beautiful scenes through photography and received awards such as the 2016 Florida Wildlife Federation Photo of the Year and the Audubon Top 100 Photos of 2016.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.half-crackerphoto.com or www.sbdac.com.

Free **urban farming workshops** will continue at the **Alliance for the Arts GreenMarket** this Saturday, July 8 at 10:30 a.m.

Robert Pascuzzi, restaurant owner, executive chef and pitmaster, will make a presentation titled Pickling and Canning.

The free backyard farming workshops are held at 10:30 a.m. every Saturday morning in June and July.

The monthly **SoCo Second Saturday** rain-or-shine art crawl will again entertain this Saturday, July 8 from 5 to 10 p.m. Patrons of the arts, collectors, art enthusiasts and all attending guests will have the chance to win a prize, just by visiting event venues and collecting the golden tickets from each location. The winner will be notified via live feed from the SoCoSWFL Facebook page and will also receive an email notification.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard. It involves art vendors and live music at the Alliance for the Arts and various business locations at Royal Palm Square.

DAAS Co-op Art Gallery & Gifts will hold an opening reception featuring works of Jeff and Dale Ocasio from 6 to 10 p.m.

For more information, visit www.socoswfl.com.✧



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Comedy Night Voting Option

SalusCare is offering a new option for people to vote for their favorite celebrity in preparation for Laughter Is the Best Medicine Comedy Night on Saturday, July 22.

A limited number of tickets are still available for the event, according to SalusCare Development Committee Chair Sue Ackert, but Text2Give will give everyone an opportunity to support their favorite celebrity.

"It's a unique way for folks to participate who aren't able to attend," she said. "They can vote for their favorite comic with their dollars by texting a message in advance to SalusCare."

The dollars raised in the Text2Give program will be added to the live donations received the night of the event to determine the winner, she said.

For tickets, visit www.saluscarecomedynight.org. VIP tickets are \$175 each and include reception with the comedians, heavy hors-d'oeuvres, beer/wine and show. General admission tickets are \$125 each for dessert, beer/wine and show

only. The VIP reception begins at 7 p.m. and the show starts at 8 p.m.

Six local celebrities each will perform a five-minute stand-up routine at the Sidney & Berne Davis Art Center in downtown Fort Myers. The celebrity who receives the most donations will be named Lee County's Best Comic for 2017.

To vote for your favorite comic, text SALUSCARE to 243725 and follow the link you are provided after texting. Each comic has a day specifically set aside for them:

Wednesday, July 12 – Chris Hansen – Lee Health board member and Park Royal Hospital director of business development;

Thursday, July 13 – Cole Peacock – RC Peacock Consulting president;

Friday, July 14 – Dayna Harpster – WGCU *Expressions* editor;

Saturday, July 15 – Will Prather – Broadway Palm Dinner Theater owner;

Sunday, July 16 – Frank Mann – Lee County cmmissioner;

Monday, July 17 – Charles Runnells – *News-Press Arts & Entertainment* reporter.

For more information about Laughter Is the Best Medicine Comedy Night, contact Todd Cordisco at 791-1575 or visit www.saluscarecomedynight.org.✧

Kiwanians Praise Elementary Students' Grades

The Fort Myers Metro-McGregor Kiwanis held end-of-the-year award ceremonies for students at Littleton Elementary and Orangewood Elementary schools in the BUG (Bring Up Grades) program. There were 110 students recognized at Littleton and 106 students recognized at Orangewood. This is the first year the program was implemented at Orangewood.

The Kiwanis BUG program is designed to recognize local elementary students who raise their grades to an acceptable range and maintain or continue to raise them from one grading period to the next. Each student in the program was recognized at an award ceremony with a certificate and new book. The Metro-McGregor Kiwanis are seeking more schools to participate. The main fundraiser for

the program is the Fort Myers Metro-McGregor Kiwanis annual Calusa BUG Chase 5K run typically held in January.

"This is a way to encourage those who might not be 'A' students to have an obtainable goal to improve their grades," said Principal Angela Nader. "It has really helped to keep a lot of students on track and acted as a stepping stone to future academic goals."

The Metro-McGregor Kiwanis Club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers. For details on joining the Metro-McGregor Kiwanis Club, call membership chair Stewart Ross at 507-304-1624 or club president Harris Segel at 239-939-4027. Interested individuals can also email stewart.ross@mnsu.edu or harris@pampered-pooch.com. The Metro-McGregor Kiwanis Club can be found on Facebook or online at www.metro-mcgregor.com.✱



Metro-McGregor Kiwanis Club Kiwanians (from left) Liz Ross, Barbara Hartman, Harris Segel as well as Orangewood Elementary School Principal Angela Nader, also a Kiwanis member, recognize students in the Orangewood Elementary BUG Program photo provided

LeeTran Student Scavenger Hunt

LeeTran invites students, age 18 and younger, to explore Lee County with a Summer Bus Bash Scavenger Hunt. Students are encouraged to ride the bus from Monday, July 10 through Sunday, August 6 to visit select businesses and be entered to win great prizes.

During Summer Bus Bash students can pick up a scavenger hunt map on any LeeTran bus or at the Rosa Parks Transportation Center, 2250 Widman Way, in Fort Myers. After visiting five businesses listed on the map, and getting signatures at each business, students can turn in completed maps to any comments box on LeeTran buses. All completed maps will be included in a random drawing for great prizes including:

- AMC Merchants Crossing 16 movie passes
- Annual family membership to IMAG History & Science Center
- Beach day for two at Lovers Key State Park
- Miromar Outlet gift certificates

- An annual Lee County Parks & Recreation pool pass
- Sanibel Outlets gift certificate
- Sun Splash Family Water Park tickets
- Pure Florida tickets.

Participating locations include: AMC Merchants Crossing 16; Bell Tower Shops; Bonita Springs Public Library; IMAG History & Science Center; Lakes Regional Library; LeeTran headquarters; Lovers Key Adventures; Miromar Outlets; North Fort Myers Public Library; North Fort Myers Recreation Center; Riverdale Branch Library; Sanibel Outlets; South County Library; South Trail Fire & Rescue Station 62; Sun Splash Family Waterpark; and Yogurt Mountain Coconut Point.

Students can ride LeeTran for half-price all year with a LeeTran Student ID, available at the Rosa Parks Transportation Center in downtown Fort Myers. Proof of student status and a photo ID, social security card, birth certificate or a parent or legal guardian are needed to obtain a LeeTran Student ID for \$1.

To learn more about LeeTran and the Summer Bus Bash, visit www.RideLeeTran.com. Plan your adventure on LeeTran by using the transit feature on Google Maps.✱

Author To Speak

If you have ever thought about writing a murder mystery, the Gulf Coast Writer's Association (GCWA) can help.

The GCWA will be holding a meeting at Zion Lutheran Church on Saturday, July 15 from 10 a.m. to noon. Local

author John D. Mills will be the guest speaker and will discuss his latest novel *The Hooker, the Dancer and the Nun*. Mills will teach you how social media can come back to haunt you. All first time guests are free.

For more information, call 770-906-7885.✱

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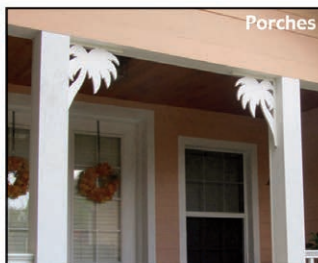
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From left, Neal Communities Executive Assistant Paula Terry, Director of Sales and Marketing Diane Kerper, Event volunteer Javier Fuller, Multicultural Centre of SWFL Co-Founder Leonardo Garcia, Event volunteer Ingrid Fuller, Past Event Chair Connie Ramos-Williams, Community Manager Matt Leukroth, SWFL Regional President Michael Greenberg and Event volunteer Nalani Garcia. photo provided

Title Sponsor For Big Backpack Event Announced

After making history in 2016 as the single largest donor in the history of the Big Backpack Event, Neal Communities has signed on again as the title sponsor for the Multicultural Centre of Southwest Florida's 18-year-old event. This festival event runs from 10 a.m. to 2 p.m. on Sunday, July 30 at Paul Laurence Dunbar Middle School, 4750 Winkler Avenue in Fort Myers.

Pooling contributions from staff,

trade partners and residents of its communities, Neal Communities presented a record-breaking \$11,131 to the Big Backpack Event in 2016. The home builder has already begun collecting funds to try for another record-breaking year.

Every year, an estimated 12,000 people attend the event, and more than 2,000 students receive free backpacks and school supplies while celebrating diversity in the community. Thanks to Neal Communities and other generous sponsors, admission is free to the largest back-to-school outreach program in Lee County.

Neal Communities Southwest Florida

Regional President Michael Greenberg said, "Eighteen years and counting, the Multicultural Centre of Southwest Florida has presented a fun event that is also an impressive show of solidarity. Our company is proud to pull together with the community to support students in need."

In advance of the Big Backpack Event, community members are invited to participate in the Adopt-A-Student fundraiser. Each \$10 donation provides a student with a new backpack and school supplies that include notebook paper, folders, crayons, glue, pencils and pens.

To date, this popular community outreach event has provided new backpacks and school supplies to more than 35,000 students. The event lends a helping hand to students and families in need while celebrating the diversity in Southwest Florida with live multicultural entertainment on the main stage including hip hop, Irish step dance, salsa and more.

The first 2,000 or more children age 5 to 12 will receive free backpacks and school supplies, or while supplies last. Children must be present with a parent or guardian to receive free supplies. The line typically begins to form as early as 7 a.m., but moves quickly once the doors open.

Families will enjoy other event festivities such as face painting, inflatables, clowns and live entertainment. Thanks to sponsors and vendors, students may also receive eye exams, haircuts and other giveaways at the event while supplies last.

For more information on Adopt-A-Student, vendor, volunteer or business sponsorship opportunities, visit www.multicultural-centre.org or email info@multicultural-centre.org.

Hunger Drive Set For July 19

Cru Restaurant at the Bell Tower Shops will host a Summer Drive for Hunger donation event on Wednesday, July 19 from 5 to 7 p.m. Chef Bob Boye and Cru Restaurant will be collecting non-perishable food donations and/or cash contributions and will provide music, lite bites, raffle prizes and donate a percentage of dinner sales from the evening, all in the "fight against summer hunger" in the area.

"We know that summer is a difficult time for many Southwest Florida families, and we hope that this donation event will assist the continued need in the community," said Boye. "We are strong supporters of the Community Cooperative mission and want to help ensure that no children, seniors or families go hungry this summer."

Community Cooperative's annual Summer Drive for Hunger campaign aims to collect 25,000 pounds of food and raise \$25,000 to support hungry families in the community this summer and help keep our mobile pantries and fixed pantry shelves full of fresh healthy food. For more information, call 332-7687 or visit www.CommunityCooperative.com.

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF OPPORTUNITY

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.



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Shark Fishing Time Is Here



by Capt.
Matt Mitchell

Shark fishing is something we get to enjoy all summer long. Catching sharks is not only fun, but it makes for a great change of pace since it is something totally

different than my usual day-to-day fishing charters. When most people think about shark fishing, they think night fishing and chumming. Sure these methods work, but you can also enjoy some great shark fishing action anytime of day with just a few fresh cut baits.

My go-to bait for shark fishing is fresh mullet. The fresher the bait, the better results it will bring. Jacks, ladyfish and stingrays all catch sharks too, but mullet works well and is easy to buy. With large mullet, I just cut them into two pieces making sure to break the belly cavity so the bait will sink. The reason for this is that the bait is large enough that a catfish cannot swallow it.

Another myth is that you need to use a metal leader to shark fish. Yes, you can catch sharks with a heavy metal leader, but it's not really necessary on most of the shark species that we target. By using heavy mono leader and circle hooks, you get many more bites and still land plenty of sharks. Large cut bait

style circle hooks are the main reason you don't need the metal leader. Once the shark eats the bait and moves off, the hook catches them in the side of the mouth. Sure you will have some cutoffs on the mono leader, but by rigging with the mono, you get so many more bites because I'm sure the sharks sense the metal leader.

For a mono leader, 200-pound test with crimps seems to work best. This leader is so thick that tying a knot is almost impossible so use a metal crimping tool and sleeves. They are quick and easy to rig. At one end of the 5- to 6-foot 200-pound leader, crimp on a 12/0 circle hook. At the other end, attach a swivel so it's a simple tie to your line. It's such a easy rig, and when baited with a heavy piece of fresh cut bait, it just lays on the bottom until a shark finds it.

Once baited, place your rods in the rod holders and then it's just a waiting game until a rod goes off. My rods of choice are heavy spinning boat-style rods with 7000 series spinning reels holding at least 200 yards of heavy braid test line of 65 pounds or more. This set up can handle most sharks that we catch.

Sharks of all sizes and varieties can be found throughout our area, both out on the beaches and in the sound. Areas just inside and outside of the passes are all good places to get started if you wanna do battle with a shark. Some of my favorite places to shark fish are in the sound, deep channels that run through shallow grass flats. These channels are like highways and consolidate these sharks into a small area and often bring nonstop action.



A 5-foot hard-fighting blacktip shark comes boatside

photo provided

Catching sharks is mostly a catch-and-release fishery and, if you do intend to keep one to eat, a small blacktip is about the best to eat. Read up on the regulations as many species of sharks are not allowed to be harvested. If you do keep one, it needs to be gutted and placed on ice immediately as they urinate through their skin. We release almost all of the sharks I catch unharmed to fight another day. I don't

bring sharks over four feet into the boat. I just using a long dehooking tool to remove the hook once they come boatside.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✪

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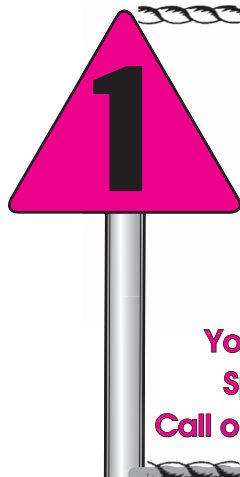
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Dave Doane

Tree Identification Book Provided By Foundation

The Arbor Day Foundation has a book that helps people identify trees in a simple, step-by-step process. The book *What Tree Is That?* is available for a \$5 donation to the nonprofit tree-planting organization.

What Tree Is That? is a fun, easy-to-use tree identification guide that features hand-drawn botanical illustrations highlighting the distinctive characteristics of many tree species.

Nature lovers and professional arborists alike have called this pocket field guide a must-have, user-friendly resource. Its beautiful, full-color illustrations are in precise detail and depict natural colors, shapes and textures so users can make a positive species identification in just a few easy steps.

The Arbor Day Foundation offers

this book to help people identify trees throughout the Eastern and Central regions of the United States. *What Tree Is That?* uses a unique step-by-step approach for identifying the species of each tree, explaining what to look for in the shape of the leaves, differences in the leaf stems and twig structures, and specific characteristics of fruits, flowers, buds and bark.

"Our *What Tree Is That?* Pocket guide is an ideal resource for developing a greater appreciation for trees," said Matt Harris, chief executive of the Arbor Day Foundation. "The Arbor Day Foundation strives to help people enjoy and appreciate trees, and we feel our pocket field guide will do just that."

What Tree Is That? is also available as an online interactive version at arborday.org.

To obtain a tree identification guide in full color, send your name, address, and \$5 for each guide to *What Tree Is That?*, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410. You can also order the book online at arborday.org.✱

Help Plant Trees In High-Need Forests

Forests across America are a prized natural resource, and anyone can help plant trees in these vital areas by joining the Arbor Day Foundation this month.

Through the Replanting Our National Forests campaign, the Arbor Day Foundation will honor each new member who joins in July by planting 10 trees in forests that have been devastated by wildfires, insects and disease.

The cost for joining the Arbor Day Foundation is a \$10 donation.

America's national forests face enormous challenges, including unprecedented wildfires that have left a backlog of more than 1 million acres in

need of replanting. The foundation has worked with the United States Forest Service for more than 25 years to plant trees in high-need forests.

Our national forests provide habitat for wildlife, keep the air clean and help ensure safe drinking water for more than 180 million Americans.

"Keeping our forests healthy is vital to the health of people and the entire planet," said Matt Harris, chief executive of the Arbor Day Foundation. "By planting trees in our national forests, we will preserve precious natural resources and the benefits they provide for generations to come."

To join the Arbor Day Foundation and help plant trees in our national forests, send a \$10 membership contribution to Replanting Our National Forests, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410 or visit arborday.org/july.✱

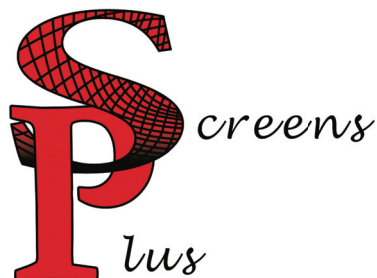
From page 6

Fort Myers Art

home in Vernon, France. Her mural *The Catch of Matlacha Island* greets visitors as they cross the bridge onto the island, and her work is part of the public art collections of both the City of Fort Myers

and Florida Gulf Coast University.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



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Plant Smart

Leatherleaf Fern

by Gerri Reaves

Non-native leatherleaf fern is probably familiar to you, if for no other reason, because it is commonly used in floral arrangements, bouquets and corsages. The leathery texture inspires the common name. It is also called leathery shield-fern and shield hare's foot.

This member of the wood fern family is a big share of Florida's cut floral greens business, the largest such market in the nation. Some authoritative sources describe the fern as the biggest cut-foilage crop in the country. Much of that crop is grown in Florida and a significant portion shipped out of the country.

The stiff triangular-shaped fronds are deep evergreen and glossy. They are bi- or tripinnately compound (twice- or thrice-divided). The serrated edges of the leaflets give the plant an overall lacy appearance.

The sori, or clusters of spore-producing organs on the leaf undersides, are round and very conspicuous.

This fern spreads via stolons, or root-like structures covered with rusty-colored scales. The stolons creep at ground level and send out new shoots, forming a mat the plant spreads.

It is slow growing and moderately drought tolerant. Use it as a groundcover in a shady spot, as a border, in a mass planting, or plant it beneath large trees or shrubs. The fronds grow as tall as three feet.

Propagate it by division of the rhizomes, the horizontal stems.

Leatherleaf fern is susceptible to fungus and several pests.

If you'd like to create a fern garden or just find a species for a shady spot, also consider the many beautiful low-maintenance native ferns, such as netted chain fern (*Woodwardia areolata*), royal fern (*Osmunda regalis* var. *spectabilis*), and bracken fern (*Pteridium aquilinum*).

Sources: *The Ferns of Florida* by Gil Nelson; *Florida, My Eden* by Frederic B. Streasau; apsjournals.apsnet.org; gardenclubofstaugustine.org; and hort.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.✱



Non-native leatherleaf fern is widely grown in Florida for use in the cut-florals industry photo by Gerri Reaves

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From left, Mound House educational curator Dexter Norris conducting a tour for Sanibel's Island Seniors group which included program manager Trish Phillips and members Anita Marshall, JoAnna Giffin, Patty and Sean Daly

photos by Jeff Lysiak

Island Seniors Visit The Historical Mound House

by Jeff Lysiak

Located at the end of Connecticut Street in the center of Fort Myers Beach, one of Southwest Florida's most historically significant sites to visit – The Mound House – sits perched atop a Calusa Indian shell mound, surrounded by picturesque gardens and a walking path that overlooks the pristine waters of Estero Bay.

Last week, a group from Sanibel's Island Seniors group took a tour of the facility, which includes an underground archaeological exhibit, a fully restored bungalow circa 1921, interactive displays and exhibits, video presentations and a museum gift shop.

The oldest standing structure on Estero Island, The Mound House – purchased by the Town of Fort Myers Beach in 2000 with grant funds from the Florida Communities Trust – offers a variety of programs for local residents, tourists and school groups to learn about the people who once inhabited the region. From the Calusa Indians of 2,000 years ago to the Case family, who owned the building at the turn of the last century, The Mound House and its surrounding property have gone through many changes over the years.

"Over the years, this site has seen many changes – walls have been taken out and replaced, and wallpaper has come down, because styles change," said educational curator Dexter Norris. "But the truth is, everybody who has come here has left their imprint on the site."

After Estero Island was surveyed and platted in 1876, property owner Robert Gilbert filed his claim in 1898 to build a house. Constructed in 1906 as a Tudor-style home with a dock and cistern, it was originally known as the Mound Villa. In 1909, it was dubbed the "Bungalow by the Banyan" when the brick structure was added.

From 1914 to 1916, the home also served as the Bayview Post Office, when mail was delivered by boat. In 1921, the bungalow roof was remodeled and the house was renamed Bayview Lodge. During the World War II years, the



The gift shop offers replicas of Calusa-era artifacts, including Indian masks and the historic Marco Cat sculpture

property served as an R&R facility for the military, and by 1947, the James Foundation established an experimental station as part of the World War II effort, using both the kitchen and garage.

The mound was partially destroyed when new owners William and Florence Long purchased the property, which was then excavated to establish the "Shell Mound" subdivision. By 1958, a swimming pool and large Florida room were added with extensive landscaping.

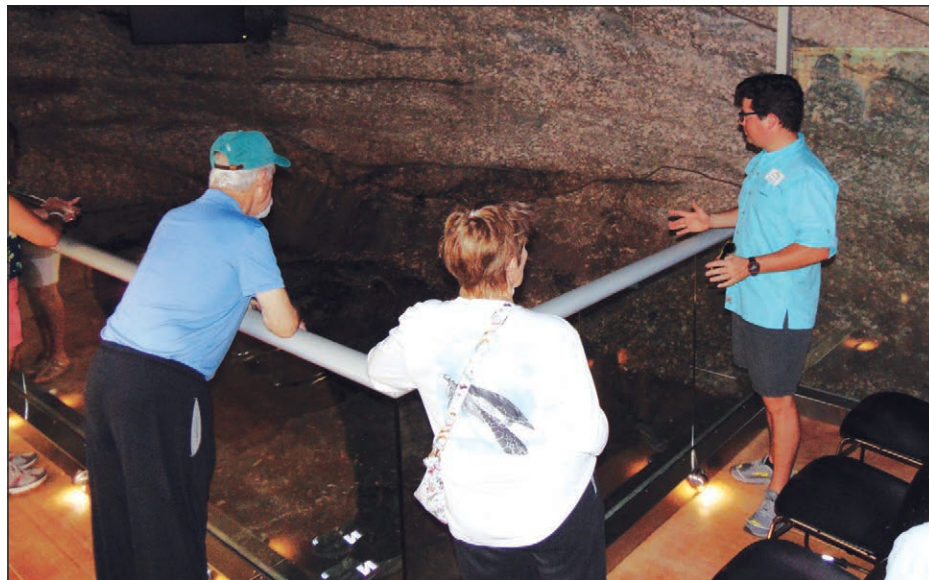
After the Town of Fort Myers Beach became incorporated and work began to restore the site as a cultural and environmental learning center, archaeologists removed the swimming pool, which revealed many clues to the original inhabitants of the island.

"The Calusa were a robust civilization who had a diverse system of trade and a vibrant social life," Norris told the group as they visited the underground exhibit, Stories Beneath Our Feet. "Many people think that the Calusa were giants, but in reality, they probably only stood about five feet, eight inches tall. But when you compare that with European settlers who stood about five feet, two inches tall, they probably looked like giants."

According to Norris, there are several reasons why the Calusa would have chosen to live atop the 12-foot shell midden, which sits high above the island where the average elevation is four feet.



Wild cotton grows on the property of The Mound House



Under the grounds of The Mound House is a subterranean exhibit, Stories Beneath Our Feet

"The higher elevation meant status," he explained. "Plus, the proximity to the water where they fished and hunted, the breezes you get from being up so high and the view of the surrounding area all made this spot very attractive."

Inside the bungalow living room of The Mound House, the group learned a bit of history on the previous owners. William Harrison Case and his wife, Milia Francina Streeter Case had been married in Brattleboro, Vermont in 1883 before moving to Estero Island. Raised as an oysterman and a mechanical engineer by trade, William was also a skilled farmer and grew a number of fruit-bearing plants on the property. He passed away in 1944 at the age of 84; Milia died two years later at age 85.

Through historic photographs and documents, the home has been restored to look as it once did around the time the Case family lived at the site, blending antique furnishings with modern reproductions. The great grandson of William Case assisted in recreating the look of the bungalow's original fireplace and mantle.

On the second floor of The Mound House, visitors can view a number of Calusa artifacts found at the property along with details describing the history and purpose of the midden.

Open year-round at 451 Connecticut Street on Fort Myers Beach, The Mound



Colored lights illuminate the multiple levels of shells collected at the site over the centuries

House hours of operation from May 1 to December 31 are Tuesday, Wednesday and Saturday from 9 a.m. to 4 p.m.; between January 1 and April 30, hours are Tuesday through Saturday from 9 a.m. to 4 p.m. Admission is \$10 for adults, \$8 for students with a college ID, \$6 for children ages 6 to 12 and free for ages under 5.

For more information about tours and programs, call 765-0865 or visit www.moundhouse.org.

CROW Case Of The Week:

Eastern Screech Owl



by Bob Petcher

Eastern screech owls (*Megascops asio*) are more heard than seen. That is because the small owl averages less than 10 inches in length and 10 ounces in weight. Yet, the Eastern species is the

heaviest of all screech owls. If you can spot one, you will notice its patterned rusty or dark gray plumage with similar streaking colors on its undercoat.

The Eastern screech owl has broad wings and a short tail to go with its stocky frame. It has a large round head, noticeable ear tufts, yellow eyes and a yellowish beak. Unlike many other owls, the screech owl adapts better to manmade development.

Despite its name, the screech owl actually whinnies or trills more than it screeches, according to the Audubon Society. The eastern screech owl sounds off mainly at night when it is out foraging. The nocturnal bird spends the day roosting.

At CROW, an adult Eastern screech owl was admitted from Lehigh Acres on June 21 after being found stuck in wet cement at a residence. CROW officials



Patient #17-2178 with cement on its wings
photo by Brian Bohman

stated the homeowners were placing a flag pole on their property by filling the hole with cement and leaving it to cure overnight. The owl was found stuck in the cement the next morning. It was transported to one of the clinic's nine drop-off locations where most of the cement was removed before the owl was picked up by a CROW volunteer.

"A majority of the cement was removed at the drop-off location. Due to the quick action by the finder, the cement had not hardened and was easily removed by bathing the owl," said

Dr. Spencer Kehoe, CROW veterinary intern.

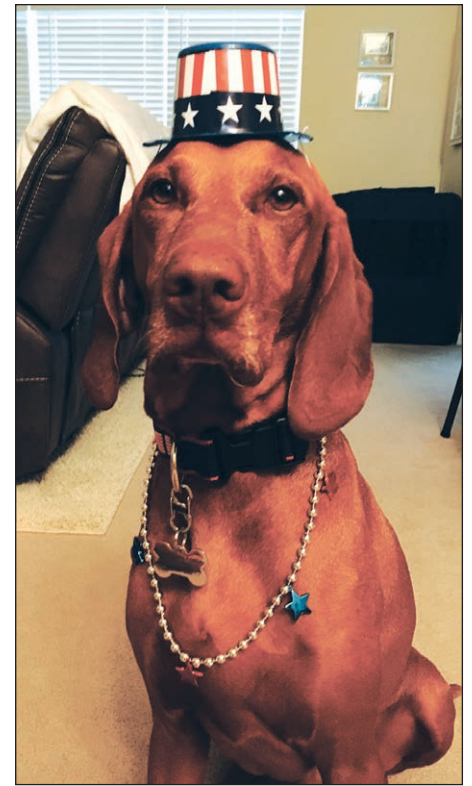
Luckily, the owl did not inhale or swallow any of the cement. Some cement did get into the owl's eyes causing corneal ulcers. Surgery is not an option at this time.

"If the owl had ingested any cement, it could harden inside the GI tract or lungs causing obstructions which would affect its ability to digest food or breathe properly," said Dr. Kehoe. "Right now, the treatment includes taking a dry, sterile, cotton-tip applicator and rubbing it against the surface of the cornea to remove any dead tissue and allow for re-growth of healthy tissue. More aggressive measures, such as surgery, are further options if needed."

CROW officials say once the patient's eyes have fully healed, and the owl shows it can eat on its own and is flight tested, it should be released back to its mate.

"Depending on how the eyes heal, it could be a week or it could be a month. It all depends on how well the eyes respond to our treatment," said Dr. Kehoe. "The screech owl has a great appetite and is keeping its body weight. It can see and tries to bite, which is a sign of a healthy screech owl."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



Hemingway photo by Lisa Foskey

Dressed For The Occasion

Lisa Foskey, credit analyst at Sanibel Captiva Community Bank, shared this photo of her dog, Hemingway, who was properly dressed and ready for the Fourth of July holiday.✱

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Judy Williams

photos provided



Talisha Faber



Max Haney

Organization Elects Leaders To Board

Valerie's House, a nonprofit organization helping children and families work through grief following the death of a loved one, has

elected three new members to its board of directors: Talisha Faber, assistant vice president and branch manager of Iberiabank; Max Haney, agent at Risk Management Insurance; and Judy Williams, owner of Spada Salon & Day Spa.

They join existing board members Donna J. Caruso, CLU, financial advisor, New York Life; Joy Gugliuzza,

realtor, Royal Shell Real Estate; Kristalyn Loson, Esq., assistant city attorney, City of Fort Myers; Victoria Loyola, CPA, Markham Norton Mosteller Wright & Company, P.A.; Kellie Nolan McCartney, Be Brilliant! Marketing; Shannon Mullins, CEO, Mullins Memorial Funeral Home; Christina Mehta Prendiville, CEO, Mehta Communications; Bjorn Rosinus,

CEO, Endeavor Innovative Workspaces; Scott Sherman, engineering executive, Arthrex Inc.; Mary Silverstein, senior partner, RMG, LLC; Melodie Turkish, community volunteer; and Michelle Graham, CEO, Siesta Pebble, Inc.

Valerie's House celebrated its first anniversary in January and is now serving 105 children and their caregivers from Lee, Collier, Charlotte, and Hendry counties. Valerie's House is located at 1618 Avalon Place in downtown Fort Myers, with satellite locations at Cape Christian Church, 2110 Chiquita Blvd South in Cape Coral and at The Village School at 6000 Goodlette-Frank Road in Naples.

Founded by Angela Melvin, Valerie's House is named after her mother, Valerie Melvin, a 31-year old nurse and mother of two daughters who was killed in a car accident in 1987 as she drove to pick up her girls from summer camp.

Interested families who want to enroll, or mental health professionals who would like to volunteer, can contact Danielle Visone at 841-9186 or e-mail danielle@valereshouseswfl.org.

Valerie's House is fully supported through generous donations from the community. For more information or to support, visit www.valereshouseswfl.org or mail to Valerie's House, Inc., PO Box 1955, Fort Myers, FL 33902.✱

City Announces Plans For Property Remediation

At the request of city council members at a meeting on June 19, City of Fort Myers officials are immediately taking action toward the remediation of the former water plant sludge pits, located on several city-owned lots bordered by South Street, Henderson Avenue, Jeffcott Street and Midway Avenue.

The future actions on the site fall into

four phases. There will likely be some overlap between these activities; however, the four general phases are as follows:

Phase One: Secure the property

At the request of neighborhood residents, securing the property will be the first step in the remediation process. Residents have expressed concerns in the media that the site is too accessible, and some have stated that they would like to see a fence around the property. To provide the neighborhood with piece of mind, city employees will install these fences within the next few weeks. Anyone wishing to access the property will still be able to do so by contacting

the city's Public Works Department at 321-8100.

Phase Two: Site Evaluation

At the city's request, independent contractors will conduct historical, physical and environmental evaluations of the property to prepare for remediation. The physical evaluation will include surveying the exact locations of the sludge deposit pits on the site and calculating the remediation area. The environmental evaluation will focus on soil testing at the site, but will also include testing of wells, if any, that are still operating on adjacent properties. These two processes, when combined, will

give the city a more accurate picture of potential remediation strategies.

Phase Three: Community Input

After the preliminary analysis is complete, input from community stakeholders will help city officials determine acceptable uses for the land. City officials are in the process of identifying community members for this team. Once the stakeholder team has determined preferred uses for the land, city officials will pursue appropriate remediation strategies to prepare the lots.

Phase Four: Physical Remediation

Depending on the land use and appropriate method of remediation, city officials will work with the Florida Department of Environmental Protection (DEP) to achieve environmental closure on the property. Development of the property, like any other site in the city, will need to follow the procedures established by Florida statute and city code.

During each of these phases, neighborhood residents can expect to see occasional physical activity on the site. These activities are not expected to disrupt the neighborhood in any way. Remediation activities will be coordinated between the city's Community Development and Public Works Departments.

Regulatory requirements require city officials to take a measured approach to remediation and development of this property. Thus, while the city intends to move quickly, the site remediation process cannot and will not happen overnight. However, the act of securing the property has already begun with the replacement of the former site signage that had fallen into disrepair. Phase two evaluation will likely begin before the end of June.✱

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From page 1

Broadway Palm

a dull moment. The show is an ensemble piece and everyone gets their moment to shine. George and Winifred Banks played by James Taylor Odom and Desiree Dillon have had trouble keeping a nanny for their two children. Jane and Michael, played opening night by Kylan Ritchie and Liam Hutt, are a challenge for the most experienced nanny. They meet their match in Mary Poppins. These are demanding roles for a young person, but both Ritchie and Hutt put on performances that any seasoned actor would be proud of and are a sheer delight to watch.

The *A Spoonfull of Sugar*, *Let's Go Fly a Kite* and *Supercalifragilisticexpialidocious* numbers put great big smiles on everyone's faces. There are also new songs like *Practically Perfect*, and *Playing The Game* that go well with the age-old favorites. Bert, played by Chris Duir, is both realistic and likable and, when he and his fellow chimney sweeps fill the stage for *Step in Time*, it's a tap dancing spectacular with some splendid surprises.

Meagan Mapson as Mrs. Brill, the cook and housekeeper, along with Danny Boman as Robertson Ay, offer laughs aplenty. You'll watch statues and toys come to life. There are also lessons to be learned and Mary Poppins is the perfect teacher to show a family how to value each other again. You'll love the songs, the dancing, the costumes, the furniture that moves with a click of Mary Poppins' fingers and, of course, her amazing bottomless bag.

Mary Poppins has everything you could possibly want from a show and then some. It plays at Broadway Palm, Southwest Florida's Premier Dinner Theatre, now through August 12. Tickets are on sale and can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.*

Speaker Tells Her Story At Meeting

American Business Women's Association Imperial River Chapter will be holding a dinner meeting at the Holiday Inn Fort Myers Airport, 9931 Interstate Commerce Drive, in Fort Myers on Wednesday, July 12. Amy Genzlinger, a professional artist, interior designer, speaker and trainer who works with people to help them create environments where they feel peaceful, joyful and inspired, will be the guest speaker.

Registration/check-in and networking begins at 6 p.m. Dinner is served at 6:30 p.m. Tickets are \$30 at Eventbrite.

In February of 2015, Genzlinger awoke from open heart surgery only to discover that she had lost her voice. "I felt utterly disheartened and depressed," said Genzlinger. "My only comfort was art. Being creative helped me refocus my purpose and appreciate my life again."

Additional surgery has resulted in the return of her vocal ability, and Genzlinger is now focused on facilitating alternate means of expression for others.

For more information, email Info@ABWAlmperialRiver.org.*

Best Practices For Workers' Compensation

Workers' compensation claims can be tricky for any employer to manage, but there are best practices that can help businesses avoid costly legal fees in the long run. Sponsored by Henderson, Franklin, Starnes & Holt, P.A., the Bonita Springs Area Chamber of Commerce will host a Power Networking Lunch from 11 a.m. to 1 p.m. on Wednesday, July 19 at Artichoke & Company, to educate the community on the ins and outs of workers' compensation claims.

Defense attorney Michael McCabe of Henderson, Franklin, Starnes & Holt, P.A., will share tips for employers to follow to avoid expensive litigation, including best practices for documentation, what an employer can and cannot ask in post-hire medical questionnaires, and ways to actively reduce the impact of workers' compensation claims. McCabe specializes as a representative for employers in workers' compensation claims and "Stop Work" cases.

The Power Networking Lunch series features presentations on trending topics from a mix of industries, along with a 30-minute session of speed networking and lunch. Each luncheon runs from 11 a.m. to 1 p.m. Space



Michael McCabe photo provided

is limited and advance registration is required to prepare lunch for all attendees. Registration for the July 19 lunch will close at 4 p.m., July 14. Tickets are \$35 for Bonita Springs Area Chamber of Commerce members and \$45 for the public. To register, call 992-2943 or visit www.BonitaSpringsChamber.com.*

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Digital Advertising Workshop



Krista Cartee

photo provided

The Florida Public Relations Association (FPRA) Southwest Florida Chapter will present a workshop regarding programmatic digital advertising on Tuesday, July 11 from 11:30 a.m. to 1 p.m. at The Edison Restaurant, 3583 McGregor Boulevard, in Fort Myers. The luncheon features Krista Cartee, APR, vice president of sales and marketing for TargetonStar, a national digital advertising company.

Though programmatic digital advertising is one of the fastest growing marketing

strategies today, many companies aren't familiar with how it works. This type of ad buying typically refers to the use of software to purchase digital advertising, as opposed to the traditional process that involves RFPs, human negotiations and manual insertion orders. It is using machines to buy ads and leads to a more efficient process, and therefore cheaper, by removing humans from the task wherever possible.

Cartee has more than 13 years of experience in the field of marketing, advertising and public relations. In her current role, she works with agencies and marketing professionals across the country to provide data-driven digital advertising solutions for their clients, leveraging the most advanced technology in the industry. Before joining TargetonStar, she spent 10 years at Priority Marketing providing strategy, consultation and planning for multi-channel marketing programs to clients in all industry sectors.

The cost for attending the July luncheon is \$25 for members, \$35 for non-members and \$15 for students. Space is limited, so register early. Guests must RSVP online at www.fpraswfl.org.

Luncheon sponsorships ranging from \$250 to \$500 are available. Sponsors will receive acknowledgement in news releases, complimentary event admission, table display to showcase promotional items, visibility on electronic and print marketing and more, depending on level.

For more information or to become a sponsor, contact Trish Robertson at trishrobertson@colliergov.net.✱

From page 1

Family Fun

of life.

This year's main event will be a free Discover Parks & Recreation Day at the Cape Coral Yacht Club on Saturday, July 15 from 10 a.m. to 1 p.m. Several parks and recreation divisions will join together at this free family event to share program information and showcase demonstrations. Featured activities include an ice cream social, kids crafts, interactive exhibits, a scavenger hunt, photo booth, live critters, touch tanks, children's tennis instruction and prize drawings throughout the day. Prizes include tickets to Sun Splash Family Waterpark, free golf at Coral Oaks Golf Course, passes to the yacht club pool and Eagle Skate Park, kayaking at Eco Park, passes to Coconut Festival 2017 and a remote controlled boat. There will also be a variety of dancing and other activities taking place on the main stage in the yacht club ballroom throughout the day.

In addition to Discover Parks & Recreation Day at the yacht club, a free open house and ice cream social will be held at Lake Kennedy Senior Center on Friday, July , and there will be free boat trailer parking at the city's public boat ramps on Saturday and Sunday, July 29 and 30.

Other efforts to recognize the importance of parks include local children's artwork featuring Cape Coral parks being placed on display in Cape Coral City Hall from July 3 to 28 and PGA Family Golf Month specials at Coral Oaks Golf Course to encourage affordable family bonding on the golf course. For more information, visit www.CoralOaksGolf.com for details. Free children's activity books with the national "Get Your Play On" message are available (while supply lasts) at Cape Coral City Hall.



Coral Oaks' Golf Professional Allen Manguson Providing Golf Instruction at Discover Parks & Recreation Day 2016

photo provided

"National Park and Recreation Month helps to recognize the opportunities that parks provide for people to play, free of stress," said Steve Pohlman, director of Cape Coral Parks & Recreation. "That could include a walk in the park, parents and children interacting on a playground, participation in competitive athletics or exercise programs that cater to senior citizens."

To sign up to receive free e-newsletters from the Cape Coral Parks & Recreation Department or to get more information on upcoming programs and events, visit www.CapeParks.com or call 573-3128. Follow Cape Coral Parks & Recreation on Facebook and Twitter at www.facebook.com/CapeCoralParks & www.twitter.com/CapeCoralParks.✱

Financial Focus

Declare Financial Independence Day

by Jennifer Basey



We just celebrated the Fourth of July by celebrating the freedoms we enjoy in this country. The U.S. constitution grants us many of these liberties, but we have to earn

others – such as our financial freedom. What steps can you take to achieve the financial independence you need to reach your long-term goals?

For starters, always work to build your resources. Contribute as much as you can afford to your IRA and your 401(k) or other employer-sponsored retirement plan. At a minimum, put in enough to earn your employer's matching contribution, if one is offered. If you don't take advantage of this match, you are essentially leaving money on the table.

While how much you invest is an essential factor in gaining your financial freedom, how you invest your money is equally important. So make sure you have sufficient growth potential in all your accounts. While growth-oriented investments, such as stocks and stock-based vehicles, carry investment risk, you can help moderate this risk by also including other investments, such as bonds.

Another way to gain your financial independence is to liberate yourself from the shackles of debt. This isn't always easy, of course – most of us have experienced times when our cash flow simply wasn't sufficient to meet our expenses, so we had to take on some type of debt, either through a credit card or a loan. But the more you can control

your debts, the more money you'll have to save and invest for your future.

One way to manage your debt load is to build an emergency fund, containing three to six months' worth of living expenses, which you can use to pay unexpected costs such as a major car repair or a large medical bill. Ideally, you should keep this money in a liquid, low-risk account, so you can access the funds quickly and without penalty. Aside from possibly helping you control your debts, an emergency fund also may enable you to avoid dipping into your long-term investments to pay for short-term needs.

Thus far, we've only discussed achieving your financial freedom through methods of saving and investing. But you also need to consider your protection needs, too. If you were to become ill or suffer a serious injury and not be able to work for a while, your financial security could be jeopardized. Your employer might offer you disability insurance as an employee benefit, but it may not be enough for your needs, so you might need to purchase some additional coverage on your own. And to help ensure your family's financial security, you'll also need sufficient life insurance.

You also might want to protect yourself from the catastrophic costs of long-term care, such as an extended nursing home stay. The average annual cost for a private room in a nursing home is more than \$92,000, according to the 2016 Cost of Care Study issued by the insurance company Genworth. And Medicare generally covers only a small percentage of these expenses. You may want to consult with a financial professional to learn about ways you can protect yourself from the long-term care burden.

By following these suggestions, you can go a long way toward declaring your own financial independence. Consider taking action soon.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Importance Of A Post-Storm Plan

Having a post-storm plan is equally as important as having an actual storm/emergency plan.

Depending on the severity of the storm, there may be substantial damage to deal with. There may also be power outages. Having a post-storm plan in place will make all the difference in dealing with whatever Mother Nature has to offer. Here are some tips from Lee County Electric Cooperative (LCEC) to keep in mind when formulating your plan:

- Help keep LCEC's telephone lines clear for emergency calls. Only call to report downed power lines. However, if your neighbor's power has been restored and you are without electricity, do call.

- If your home is served by underground service, check your meter box and pipes for damage.

- Visually check your weather-head (on the roof where your service drop connects to the pole) and your meter box to make sure it is not damaged.

- Don't trim trees or remove debris located near downed power lines. If you must remove debris from your home, don't pile it under or near electrical lines or equipment.

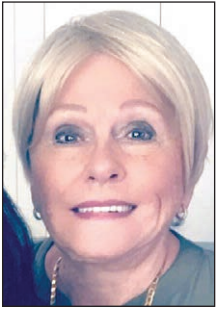
- Any damage to your home's electric system must be repaired by a licensed electrician and inspected by a designated agency before power can be restored.

- If operating a portable generator, keep it in an open area. Carbon monoxide emissions can be harmful. Follow all instructions regarding safe operation. Do not connect the generator directly to your main electrical panel. If installed incorrectly, power could flow into outside lines and injure you, your neighbors or utility crews working in the area.

For more storm safety tips, visit www.lcec.net.✱

Book Review

Camino Island



by Di Saggau

I pre-ordered John Grisham's latest book *Camino Island* without even knowing what it was all about. If he wrote it, I knew I'd like it. Just before it arrived, I started reading articles about the story

line and couldn't wait to read the book. We had even scheduled it for discussion in May for one of my book clubs. I was fascinated by the idea of someone stealing original manuscripts of F. Scott Fitzgerald's novels from the Firestone Library at Princeton. *The Great Gatsby* and others gone; priceless manuscripts, the library crime for all ages. The thieves think they know someone who will pay a big price for them.

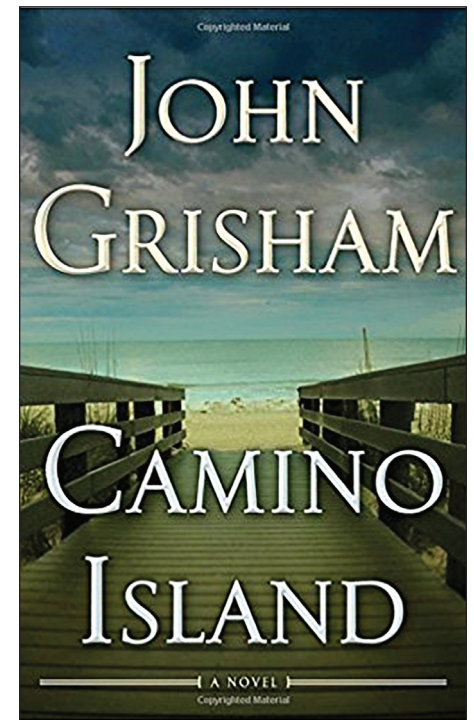
Princeton has them insured for \$25 million. The FBI and a security firm for Princeton's insurance company are on the case, along with a young debt-ridden novelist, Mercer Mann, who has serious writer's block and family ties to Camino Island. The person who might have purchased the manuscripts is a prominent, well-liked Florida book store owner named Bruce Cable. In addition to books, he has a penchant for seersucker suits in every available color. Grisham does a splendid job of introducing his characters, and he writes with such clarity. A story about the search for stolen manuscripts, rare books, and books by many different authors makes for an intriguing read.

Getting back to Cable, he owns Bay Books, oversees book signings with authors on tour and makes a great deal of money trading in rare first editions. Mercer is hired by a mysterious woman working for an even more mysterious company. They tell her to get close to Cable and, if she does, they will write off her college-loan debt and also give

her a huge paycheck. It's an offer she can't refuse. The chase is on.

Floridians will enjoy a chapter that describes the nesting season of loggerhead turtles and how Mercer came to love and respect them. Grisham offers his various opinions on writing, such as quotation marks with dialogue. He says, "Please use quotation marks with dialogue, otherwise it's bewildering." Having just finished a few books that did not use quotation marks, I agree with him wholeheartedly. Some reviewers call *Camino Island* a great beach read. I think it's much more than that, but again that depends upon your definition of a beach read.

Grisham scores high marks with me in this new departure from his usual legal thrillers. There's the issue of who gets away with what and whether crime can really pay off in the end. Grisham provides us with lots of twists and surprises that make *Camino Island* a must read.✱



School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I enjoy reading to my preschool children. They seem to enjoy it too. Are there any special things I should be doing when I read aloud

to them? This is new for me, and I want to do things correctly.

Katie W., Fort Myers Beach

Katie,

I applaud you for reading with your children. It is the one of the most important activities you can do with your kids. While just the act of reading with your children is beneficial, there are a few things you can do to enhance this experience.

Try to establish a regular time for reading aloud.

Find a quiet, comfortable place.

Select a book both you and your child can enjoy.

Point out the cover illustration and the author and illustrator's names.

Read with expression; have fun bringing the characters and events to life.

Read slowly so your child can take in the words and look at the pictures.

Encourage questions.

If your child becomes fidgety, take a break.

Talk about the book afterward.

While you are enjoying reading with your children, they are gaining some important benefits. Here are some of the more important ones:

Your children will develop a stronger vocabulary through reading aloud with you. Children acquire language primarily through listening. Reading

aloud lets children regularly hear new words in new contexts, which builds their vocabulary and helps them develop a stronger awareness of the communicative possibilities of language.

Reading aloud helps to build connections between the spoken and written word. When children hear words read aloud, they begin seeing how printed words are closely connected to spoken words. This helps them recognize the difference between the arrangement of spoken language and printed text.

Reading aloud generally increases a child's attention span. Unlike watching television, reading or being read to promotes a slower unfolding of events and ideas. This encourages children to listen, pay attention and concentrate, which after a while can increase their overall attention span.

Reading aloud supports and may strengthen cognition. A well-written book exposes children to sophisticated language, which can strengthen their cognitive abilities. When children are regularly exposed to the sophisticated language of quality literature, they learn how to apply their cognitive abilities to understand the text.

Reading aloud provides a safe way of exploring strong emotions. Reading a story aloud that explores particular emotions helps some children to accept their own feelings and understand how others feel. By reading aloud together, stories can help children feel more comfortable discussing their emotions with others.

Reading aloud promotes enjoyment and bonding for both parents and children. Children generally enjoy being read to, which encourages them to see and experience reading as something fun and positive. Reading aloud makes them more likely to become interested in learning to read, which is likely to then spark a lifelong love of reading. Reading aloud with children

provides benefits for adults too. The quality time spent together promotes bonding and strengthens relationships, making it easier for children to develop their social, communication and interpersonal skills.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches

psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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www.AMAZON.COM
WWW.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

It's A Midsummer Night's Dream For The Minnesota Twins At Mid-Season



by Ed Frank

As we write this column in advance of Independence Day and baseball's All-Star break, the surprising success of the 2017 Minnesota Twins could be titled a Midsummer Night's Dream, with apologies to William Shakespeare. When the Twins left here three months ago at the end of spring training, no way were they expected to be in a battle for first place in the American League Central Division at mid-season after their disastrous 2016 season in which they wrapped up 103 losses for the worst record in baseball.

The turnaround is attributed to better pitching, improved hitting and the emerging performances of prized youngsters such as Miquel Sano, Max Kepler, Byron Buxton, Eddie Rosario and others. Thus, as Major League baseball moves toward the July 31 trading deadline, the surprising turnaround for Minnesota presents a difficult dilemma for their new front-office executive team of chief baseball office Derek Falvey and general manager Thad Levine.

Here's the problem: Should the Twins bolster their roster with trades in order to make a run for post-season play? That action probably would require trading away some of their prospects. Or, should they stay the course set out by Falvey and Levine to build a development plan for long-term success? In a recent interview with MLB.com, Levine made it clear that they would not trade their top prospects for a crack at post-season this year. "I just don't think we're going to go all in to try to win this year," Levine said. "We're going to try to put ourselves in the best position to win, but with an eye toward now and the future." Most likely, the Twins will let the situation play out the next three or four weeks, before making any moves. It's sure a problem few expected at season's start. But it's a problem Falvey and Levine relish.

Honors For Former Miracle Players Sano And Gordon
Former Miracle players Miquel Sano and Nick Gordon were honored this week with Sano leading the voting for starting at third base for the American League All-Star team and Gordon named to the All-Star Futures Game. Sano, who played here for the 2013 Miracle team, is a key factor in the Twins resurgence this year with 18 home runs at the time of this writing. He also will participate in the All-Star home run derby the day prior to the July 11 All-Star game. The 21-year-old Gordon played for the Miracle last season before being promoted to Double A Chattanooga this season. The fleet shortstop was hitting .310 as the week began, leading his Chattanooga Lookouts to the season's first-half title in the Southern League North Division. **Twins First Overall Draft Pick Off To A Hot Start**
It didn't take long to understand why the Minnesota Twins, with the first overall pick in the 2017 Major League Draft, selected 18-year-old Royce Lewis. In his first three games playing here for the Twins Gulf Coast League rookie team, he was hitting .333 with one home run (in his first game) and five RBI. You can watch the youngster in action as the team plays its home games at the CenturyLink Sports Complex.✪

From page 1

Microbrewery

between GCHS and Millennial Brewing Company," said GCHS Executive Director Jennifer Galloway. "They have such a fun environment at their facility and have a strong reputation for producing quality beer, so we appreciate Millennial Brewing for their effort in supporting our shelter animals."

GCHS staff and volunteers will be present during the monthly events, along with several of the shelter's animal ambassadors.

There are no on-site adoptions, but customers can meet the shelter animals and then come visit the dogs during working hours at GCHS, which is just down the street from the brewing company.

"This event at Millennial Brewing will be great exposure for our animals, as

well as the initiatives we have at GCHS," Galloway said.

Millennial Brewing Company has long been a pet-friendly facility and its owners, Kyle Cebull and Logan Roberts, are big animal lovers.

"We are huge animal lovers here at Millennial," Cebull said. "We have openly embraced the pet friendly concept and have water bowls for our animal guests and even make dog treats from our spent grain. This partnership is a match made in heaven."

"We would love to bring both funds and attention to GCHS and the cause itself," Cebull said. "Our long-term goal is to create a strong monthly fundraising event that GCHS can point to as a major impact in support of their mission."

Millennial Brewing Company is located at 1811 Royal Palm Avenue. Gulf Coast Humane Society is located at 2010 Arcadia Street in Fort Myers.✪



Miracle Hosts Mets, Tebow-Mania

More than 10,000 fans packed Hammond Stadium at the CenturyLink Sports Complex over the weekend, hailing the arrival of Tim Tebow. The former University of Florida Heisman Trophy-winning quarterback and current minor league outfielder for the St. Lucie Mets generated lots of interest with the local sports media and fans. Over the weekend, Tebow batted 1-for-5 at the plate with a single, a walk and two strikeouts as the Fort Myers Miracle won two of the first three games versus the Mets.✪



photos by Jeff Lysick

Charity Golf Benefit Raises Over \$11,000

Even with the outdoor event portion of the 8th annual Lee County Homeless Coalition Charity Golf Tournament a wash, the overall fundraiser was deemed a success. The event raised over \$11,000, and all proceeds will benefit the Lee County Homeless Coalition to help fight homelessness in Lee County.

Hosted by Florida State Representatives Matt Caldwell, Dane Eagle and Ray

Rodrigues, the June 10 Drive Out Homelessness benefit at Colonial Country Club in Fort Myers featured 14 sponsors and 60 players participating in the event. Scanlon Auto Group and Ace in the Hole Golf Promotions sponsored hole-in-one contests, and several other competitions were scheduled. However, after an hour of golfing, the outside portion of the event was cancelled due to severe weather. Players received a raincheck and were still able to enjoy the luncheon which included raffles and prizes.

The coalition appreciates the community support for its efforts to end homelessness in Lee County and making this event a success. ✪

SPORTS QUIZ

1. How many consecutive years, following the 2009 season, did the Kansas City Royals increase their win total?
2. Name the Cleveland Indians pitcher who won two games in the 1997 World Series.
3. Entering the 2017 NFL season, how many teams reached the Super Bowl the year after winning it, and how many successfully defended their championship?
4. Which Division I school holds the current mark for most consecutive appearances in the NCAA Tournament in men's basketball?
5. Since the Tampa Bay Lightning began play during the 1992-93 NHL season, how many times has the team reached the Stanley Cup playoffs?
6. Who won the first gold medal for Puerto Rico in the Olympics?
7. Name the golfer who was the first to win the Masters four times.

ANSWERS

1. Six consecutive seasons after 2009, with a high of 95 wins and a World Series title in 2015. 2. Chad Ogea. 3. Twelve teams have returned to the Super Bowl the year after winning it, and eight have won it in consecutive seasons. 4. Kansas, with 28 consecutive seasons. 5. Nine times, including winning the Stanley Cup in 2004. 6. Tim Lincecum. 7. Arnold Palmer won his fourth, and last, Masters in 1964.

Offshore Rodeo Reels In \$70,000 For Charities

The 5th annual Offshore Rodeo Fishing Tournament reeled in more than just fish for Ronald McDonald House Charities (RMHC) of Southwest Florida (RMHC) on June 10 at Salty Sam's Marina. RMHC past Board President Jeff Miloff, partner of Miloff Aubuchon Realty Group, created the Offshore Rodeo event to help offset the cost of the Ronald McDonald Family Room that opened this May inside the new Golisano Children's Hospital. Nearly \$400,000 has been raised in the event's five-year run.

Rain didn't stop junior anglers from having fun either. Children ages 3 to 12 cast their lines in a Kids Fishing Tournament at the marina. The event was sponsored by Coastline Heating & Cooling, iMold.us, Coastal Outfitters and *Fish Florida*. Each junior angler took home a fishing pole and tackle box, courtesy of *Fish Florida*. They were entertained by Ronald McDonald, and enjoyed lunch compliments of McDonald's.

Meanwhile, the offshore anglers reeled in 10 different species for the chance to hook top prizes. They had their fresh catch prepared for dinner, compliments of Bootleggers Waterfront Grill, and also took part in an extensive silent auction



Ronald McDonald held a meet and greet photos provided

while listening to live music throughout the evening.

"We have a phenomenal committee that has met year-round for five years, many of them team members of Miloff Aubuchon Realty Group," said Miloff. "It has been a great event not only for the anglers but for spectators and families, too – thanks to this committee, the RMHC staff and volunteers and our sponsors, we have raised close to \$400,000 for this charity over the past five years. The time and dedication that goes into making this event a success is tremendous, and I can't thank these individuals enough."



Team Skeleton Crew showing off their catch

Sponsors of the event included: Miloff Aubuchon Realty Group, Texas Roadhouse, Mortgage 1, Bootleggers Waterfront BBQ, Salty Sam's, Beasley Broadcasting – B103.9, Beasley & ESPN,

Arthur Printing, Jaguar, Vein Specialists, Lobster Lady, Sunset Air, iMold, Coastline Heating & Cooling, Nor-Tech Hi Performance Boats, Essley Roofing, TowBoatUS and Capital Bank.*



From left, volunteer Lynn Hesselbach, event manager Angela Katz and event chair Jeff Miloff



Team Reel Savage captured first place in the Pro Division



Participants of the Kids Fishing Expo



From left, Jennifer Crawford, Brian Bland and Jennifer Goss

Educator Named Florida Assistant Principal Of The Year



From left, Kelly Stedman, Pam Stewart and Hershel Lyons photo provided

Kelly Stedman, Assistant Principal at James Stephens International Academy (JSIA) has been named the 2017 Assistant Principal of the Year by Florida Commissioner of Education Pam Stewart.

Stedman was honored at a recent ceremony at the Dr. Brian Dassler Leadership Academy in Orlando.

"I am so honored to receive this award. I want to thank my superintendent, Dr. Adkins, for the continuous support he gave our administration, my principal, Ken Savage, for being an inspiring leader, and the amazing team of teachers that I get to call my school family," said Stedman.

Principal Savage reacted by jumping up and down in excitement. "This is so incredible! Kelly Stedman is definitely the right choice for this recognition."

Stedman has served as assistant principal at JSIA for the last year. She started her career in the Lee County

School District in 2004 as a teacher. In 2014 she was hired as the assistant principal at Veterans Park Academy for the Arts and worked there for two years before coming to JSIA.

"I am so thankful for this experience," Stedman shared in her acceptance speech. "I have an opportunity to impact the students at James Stephens and to help build the capacity of our teacher leaders. I am thankful for the challenges we faced, because the growth that resulted from those challenges is irreplaceable."

Stedman was nominated for the award by Superintendent Dr. Greg Adkins. "I am thrilled the Florida Department of Education has recognized Ms. Stedman for her passionate support of students," he said. "She fully embodies the mission and vision of our district, making sure each of her students reaches their highest personal potential."✱✱

Grant Awarded To Advance STEM Education

The Florida SouthWestern State College Collegiate High School-Lee, (FSWC-Lee) was recently awarded a \$27,500 grant from the Schulze Family Foundation. The grant funds will be used to advance project-based learning opportunities in STEM education for ninth- and tenth-grade FSWC-Lee students.

"The grant will allow us to immerse our ninth- and tenth-grade students deeper into programming and related technical STEM disciplines," said Dr. Brian Botts, FSWC-Lee principal. "By purchasing the necessary hardware components, students will be able to actively participate in all phases of the design, physical construction

and programming of various electronic systems. By considering the physical and structural elements and being responsible for the necessary coding, wiring and other automation components, students will be active participants in all segments of design and production process. To complement these student driven projects, field trips to visit industry partners in related fields should increase the percentage of students interested in pursuing computer science and engineering related majors and careers."

Annually, over 200 students will work in small teams toward the creation and programming of robots, drones, and fully functional personal computers while using student designed and fabricated 3D printed and laser cut components. All purchased components are reusable with a projected useful life of four to six years.✱✱



From left, Julia Smith, Bianca Finazzo, Anna Marie Parisi, Morgan McDermott and Gunnar Fandrich photo provided

Entrepreneurship Showcased At CEO Academy

Local high school students recently came together to learn the ins and outs of running a business at CEO Academy, a model week-long business school summer camp held for rising high school juniors and seniors, presented by Junior Achievement of Southwest Florida in partnership with the Institute for Entrepreneurship and Lutgert College of Business at Florida Gulf Coast University.

CEO Academy, Junior Achievement of Southwest Florida's flagship program, teaches students the basics of starting and operating a business, preparing them for success in the global economy. The academy offers intense interaction with experienced local business leaders, entrepreneurs and FGCU professors, as well as high-energy team building activities and opportunities to learn the value of free enterprise, business and economics.

Throughout the week, students work in project teams to develop a unique business concept and comprehensive business plan.

At the conclusion of CEO Academy on June 23, four groups of entrepreneurial teens presented business plans for these concepts to a panel of judges. This year's judging panel consisted of David Diamond, Gail Markham and Phil McCabe, three past Junior Achievement laureates recognized for their entrepreneurship, contributions to the community and ethical approach to business.

The winning team presented a model business plan for their company, Patient Priority, a medical device manufacturer that provides hospital patients with a sense of control, prioritizing their needs based on their condition. The team provided a solution to the issue of inefficiently prioritizing patient care by creating a system that puts the patients in control of their own care, prioritizing medical needs over basic comfort needs. The team consisted of high school students Gunnar Fandrich of Gulf Coast High School, Bianca Finazzo of Barron Collier High School, Morgan McDermott of Florida SouthWestern Collegiate High School, Anna Marie Parisi of Barron Collier High School and Julia Smith of Robinson High School. Each member of the winning team was awarded a \$1,000 scholarship to be used at the college of their choice.✱✱

Preliminary School Grades

The Florida Department of Education recently released the preliminary school grades for the 2016-17 school year, and Lee County is celebrating many successes.

According to the results, 52 percent of Lee County public schools earned an "A" or "B" grade, increasing from 46 percent last year and compared to the statewide average of 57 percent. While the district maintained its "B" grade for a third year in a row, it increased its overall percentage of total points possible from 54 to 57. This 3 percent increase moves the district closer to its goal of an "A" grade.

This year, no Lee County schools received an "F" grade, and nearly 30 percent of schools in Lee County improved their grades. James Stephens International Academy raised its grade

from an "F" to a "B" in one year, Bayshore Elementary went from a "C" to an "A" as did Caloosa Elementary School. Twenty-seven district schools increased their letter grade, 57 maintained and 10 dropped.

According to the district's calculations, this moves Lee County from 35th in the state overall, to 30th.

"I am proud of the hard work of our teachers, administrators and district staff over the last year. While we know our schools are much more than a grade, this data shows we are moving in the right direction," praised Superintendent Dr. Greg Adkins. "Through Vision 2020, we have created tools for each of our schools that enables them to meet the individual needs of our students. We are constantly implementing ways to improve and will continue to personalize education so we give our students, parents and community what they deserve, a world-class school system."✱✱



Steve Streed receives award from Linda Greene during the opening plenary

photo provided

Achievement Award Given To Health Director

Steve Streed, MS, CIC, FAPIC, system director of epidemiology and infection control for Lee Health, received the Carole DeMille Achievement Award from the Association for Professionals in Infection Control and Epidemiology (APIC). This award, the highest honor bestowed by APIC, recognizes Streed's contributions and commitment to education in infection control. Streed accepted the award at the APIC's 44th annual conference in Portland, Oregon.

Streed's career in infection prevention and epidemiology spans 40 years. He has served as Lee Health's system director for more than 10 years and has been an active member of the APIC since the late-1970s. In 1983, Streed was among the first group of infection preventionists to be certified in infection control and epidemiology (IPC). Committed to education in the growing field of IPC, Streed co-founded and taught some of the earliest hospital epidemiology and certification preparation courses. Through his association in the APIC, Streed has served in numerous leadership capacities, including on the APIC board of directors and on the editorial board for the American Journal of Infection Prevention.

Streed is a nationally recognized expert on hospital-acquired infection (HAI) surveillance and has promoted the use of computers to improve the efficiency of infection prevention data collection since

the early 1980s. He also was a member of a multi-society professional group that worked with the Centers for Disease Control and Prevention to author a pivotal white paper that was used in the creation of the U.S. Department of Health and Human Services' "National Action Plan to Prevent HAIs." His research also includes new technologies for improving the cleaning and disinfection of environmental surfaces in health care facilities.

"Steve has mentored, coached and encouraged countless people in the world of infection prevention during his career," says Mary Beth Saunders, DO, Lee Health medical director of epidemiology. "He encourages their continuous self-improvement and education."

Streed supports and encourages his infection prevention peers at the local, national and international level, as well as those considering a career in the field. He established the Stephen A. Streed Scholarship in Epidemiology at the University of Iowa College of Public Health, which is awarded to graduate students with a declared interest in hospital epidemiology. The Carole DeMille Achievement Award is named in honor of the pioneer in the field.

"We are honored to recognize Steve with this award," says Linda Greene, RN, MPS, CIC, FAPIC, 2017 APIC president. "Steve has had an enormous impact on the practice of infection prevention and control and, through his mentoring, coaching and teaching, has been influential in leading a generation of infection preventionists."

For more information, visit www.APIC.org.

From page 1

Human Trafficking

rooms at the 1651 Lee Street library at 6:30 p.m. Children and teens are welcome. Registration is required. Visit www.bit.ly/FML717.

Nola Theiss, founder and executive director of Human Trafficking Awareness Partnerships, Inc. (HTAP), will present what adults, children and teens need to know to avoid becoming

victims. She served as the founding chair of the Lee County Human Trafficking Task Force and has spoken at local schools as well as to community groups and professional organizations throughout Florida and internationally on Human Trafficking.

Human trafficking is a local issue, and many of its victims are young girls and boys between the ages of 11 and 14. Traffickers look for easy victims. Parents and grandparents can help teach them how to protect themselves.

Practitioner Joins Pediatric Office

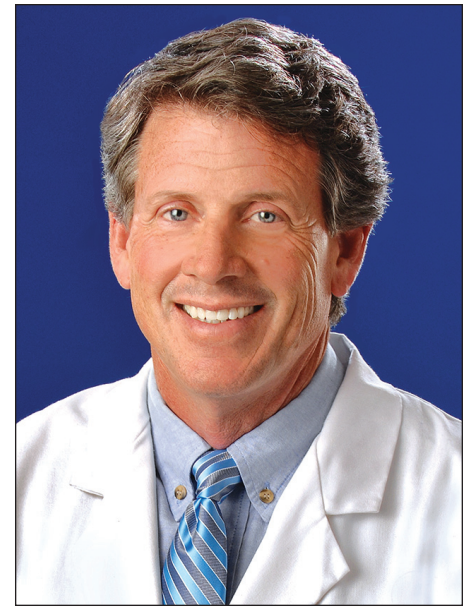
John Vande Velde of Sanibel recently joined Physicians' Primary Care of Southwest Florida as a pediatric nurse practitioner (PNP-C).

He will assist pediatric physicians at the pediatric office at 9350 Camelot Drive in Fort Myers and the pediatric office at 1261 Viscaya Parkway in Cape Coral.

Vande Velde is a graduate of Case Western Reserve University in Cleveland, Ohio, where he received his bachelor of science degree in nursing as well as his master of science degree in nursing.

He has 20 years of experience as a pediatric nurse practitioner with the United States Air Force, having served as clinic manager, chief nurse and director of clinical operations at bases in Colorado, South Carolina, Virginia, New Mexico, Mississippi and Utah.

He is certified by the Pediatric National Certification Board with



John Vande Velde

photo provided

additional certifications in Basic Life Support and Advanced Life Support.

For more information, visit www.ppcswfl.com.

Volunteer Drivers Needed

Senior volunteers over the age of 55 are needed to transport the elderly who need a ride to the doctor, dentist, pharmacy or other medical offices. Volunteers drive clients only when it fits in with their schedules, and are usually located in the same ZIP code.

Summer volunteer drivers will replace seasonal volunteers for June through November in all communities, especially Lehigh Acres and the Bonita Springs area.

Make a difference in your community with just a few hours per month. Any time you can give will be appreciated. The reward is in knowing you helped someone remain independent.

Call Leslie Jander at 332-5346 at The Dr. Piper Center for Social Services, Inc.

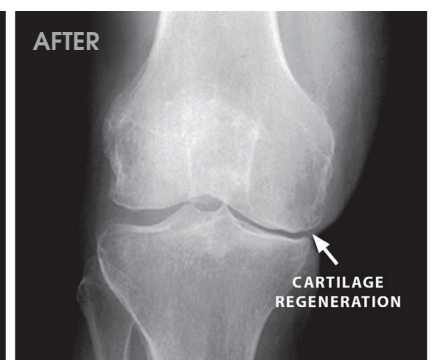
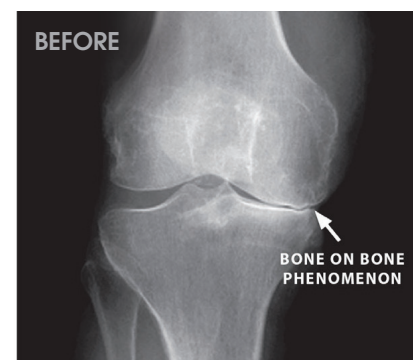
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dearRPharmacist

Some Pharmacists Are Losers And Some Are Heros



by Suzy Cohen, RPH

Dear Readers: About 100 years ago, during Prohibition, apothecaries were the place to hang out since the neighborhood bars had closed. The corner drugstore was where people traded “hard” liquor

in for “soft” drinks, and it was also a time when pharmacists were actual chemists blending herbals and medicinals all day long. Did you know Coca Cola syrup was invented by pharmacist John Pemberton back in 1886 in Atlanta, Georgia?

Fast forward to today where Coca Cola is a global smash, and medications are commercially prepared by multi-billion dollar corporations, not people. Some have said the pharmacist’s role is more along the lines of “lick, stick and pour.” Ah, but that’s just a saying.

Oregon and New Mexico just signed into law a bill that allows pharmacists to prescribe and dispense birth control pills to women straight out of the pharmacy, without an on-site physical exam or lab work. This may sound weird to you but the precedent was set years ago when pharmacists were granted prescribing rights to

administer certain flu vaccines.

The ability for pharmacists to prescribe contraception saves valuable time and money for all parties involved, but it does beg the question: Which prescription drugs are going to one day be put on the “allowed to be prescribed” formulary?

And in regard to birth control pills, are the pharmacists (or any prescriber) advising women to supplement with what their medication will deplete? ‘The Pill’ reduces your magnesium, selenium and crucial B vitamins that can contribute to you feeling depressed, overweight, hypothyroid and tired. I suggest you put back what the “Drug Mugger” stole.

Pharmacists have once more been distinguished as one of the most honest, ethical professionals in the United States. But some pharmacists give the practice a bad name. For example, in June 2017, a Massachusetts pharmacist, Barry Cadden, was sentenced to nine years in prison because he compounded injectable steroids that were contaminated and led to the deaths of 76 people in 2012.

Contrast that with the quick-thinking pharmacist who just saved 57-year-old Mark Davey’s life. Mark was eating lunch, and out of the blue, his tongue started to swell up. He drove himself to CVS pharmacy, to buy Benadryl, but when he arrived he began gasping. Pharmacist Bhavini Patel was working that day, and she called paramedics, then injected Mark with the drug, EpiPen (epinephrine) from her pharmacy in an attempt to save his life. It worked. Mark was experiencing an “anaphylactic” allergy to his food, and she knew it.

I applaud Pharmacist Patel, she is a true

hero. Even though it may have possibly gone against store policy to administer the shot, she did what she felt was right and compassionate to save this man’s life. How awesome?! Mark is alive because pharmacists are not just there to lick, stick and pour. We are healers by nature and interested in getting you well. I wish I could own one of those apothecaries where

I could create amazing custom-blended natural remedies as well as fizzy soft drinks around my ‘neighborhood bar.’

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

Doctor and Dietician

Hip Bursitis, Sciatica And Ligament Laxity



by Ross Hauser, MD
and Marion Hauser, MS, RD

Hip joint pain can manifest in several different ways including pain in the groin area, down the leg, and directly above the hip and towards the back. When the ligaments that stabilize the hip joint become lax, after injury or wear and tear, the muscles around the joint compensate for the looseness by tensing. This will occur with any joint in the body, not just the hip, as weak ligaments cause the muscles to tense in an effort to stabilize the joint. Muscles like the gluteus medius and the piriformis, as well as the iliotibial band, will tense in order to stabilize the loose hip joint. Eventually, the contracted

gluteus medius may irritate the bursa of the hip, causing hip (trochanteric) bursitis. Interestingly, trochanteric bursitis, piriformis problems and weakness in the iliotibial band can also cause sciatica-like pain. For example, the spasming piriformis muscle may pinch the sciatic nerve, which runs between them, eliciting pain. And when the iliotibial band is tight, it puts a great strain on the ligaments, also causing pain.

Stretching and massage feel good to people with chronically tight IT bands and chronic hip and back problems. However, the bands and muscles became tight in the first place because of the loose ligaments in the hip. Patients with chronic hip problems often try cortisone injections which may bring temporary pain relief. But this treatment does not provide permanent relief and actually destroys hip cartilage. Regenerative injections (prolotherapy) to strengthen the hip ligaments provide more definitive relief, along with a regular exercise program. When ligaments are strong, they allow our muscles to contract against a stable base and move the joint as needed, not be in charge of continuously stabilizing it. Strengthening ligament attachments can effectively eliminate muscle spasms, tightness and pain.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Mom And Me



my sister’s hand-me-downs and wear them until they were threadbare. I hated it! Times improved, of course, but even now I can’t throw away clothes until they are worn out. But I did it today. What is wrong with this old pack rat?

Peggy

Dear Peggy,

You learned your lessons too well as a result of the Depression of the 1930s. Many seniors, men and women, wear clothing long out of style, that doesn’t fit, is the wrong color, etc. because they think that they will get thin again or must wear it until it is worn out.

Cleaning out your clothes closets you have done yourself a great service. Try and consult a fashion advisor at a major store or fashion boutique and maybe they will help you become the new you.

Lizzie

Dear Peggy,

I do not think anything is wrong with you. Our behavior, wore clothes until the clothes were thread worn, it makes sense you would continue to do that until you make a change. It sounds like you have made a change... and change can be very good.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.✧

Protect Your Thyroid with Detoxified Iodine

Give Your Body the Natural Boost it Needs

The Hidden Deficiency

Having the proper amount of iodine in our system at all times is critical to overall health, yet the *American Journal of Clinical Nutrition* finds that iodine deficiency is increasing drastically in light of an increasingly anemic national diet of unpronounceable additives and secret, unlabeled ingredients. This deficit now affects nearly three-quarters of the population.

Causes of Iodine Deficiency



A Growing Epidemic

Symptoms range from extreme fatigue and weight gain to depression, carpal tunnel syndrome, high blood pressure, fibrocystic breasts and skin and hair problems. This lack of essential iodine can also cause infertility, joint pain, heart disease and stroke. Low iodine levels also have been associated with breast and thyroid cancers; and in children, intellectual disability, deafness, attention deficient hyperactivity disorder (ADHD) and impaired growth, according to studies by Boston University and the French National Academy of Medicine.

What to Do

The easy solution is taking the right kind of iodine in the right dosage to rebalance thyroid function and restore health to the whole body.

Satisfied Customers

I feel much more energetic, my thoughts are extremely clear, and my entire body feels more in balance. Natural Findings Detoxified Iodine is the only change in my daily routine over the last 45 days. The way I feel today is better than at any point in my life that I can remember.

~ Johnny

I've been taking this product for over a year and no single supplement, diet or approach (I have tried lots) has had as great an impact as this. I have my energy back, my metabolism is back on track and my mind is clear and the depression has lifted. I love this product and wish more people knew about it. I think many of us are deficient in iodine and it can bring balance to the body. Thank you, thank you Natural Findings for offering it!

~ Joan

Proper iodine supplementation with a high-quality product like Natural Findings Detoxified Iodine can prevent harm by protecting the thyroid and other endocrine glands from radiation and restoring proper hormone production.

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- Weight Gain
- Fibromyalgia
- Low Energy
- Hypothyroidism
- Hyperthyroidism
- Radiation
- Bacteria
- Viruses

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Snap Bean and Tomato Sauté

photo courtesy Fresh From Florida

**Snap Bean and Tomato Sauté**

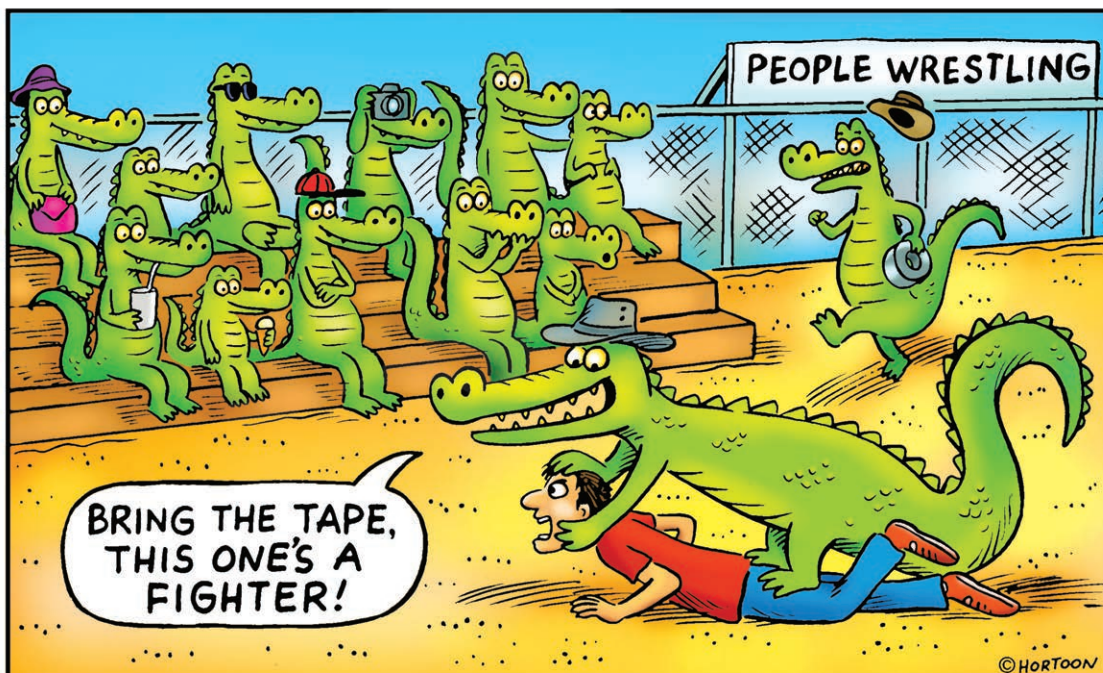
2 pounds fresh snap beans
3 large tomatoes, seeded and chopped
3 cloves garlic, minced
2 onions finely chopped
1 cup olive oil
1 green pepper, sliced thin
½ bunch fresh parsley, finely chopped
¼ cup water

Kosher salt to taste
Fresh ground pepper to taste
Wash and rinse the snap beans, then cut off the tip of each end. In a tall-sided pot, sauté the onions in olive oil until they start to turn translucent. Stir in the garlic and continue cooking a few minutes more. Add the snap beans and green pepper and cook for another five minutes. Add the tomatoes water, salt and pepper. Bring liquid in pan to a boil, reduce heat and cover. Simmer for 5 minutes or until desired tenderness. Serve warm as a side dish. Top this dish with fresh grated Parmesan cheese and finely chopped parsley.

Yield 4 to 6 servings

Look for Fresh from Florida ingredients at your grocery store.✱

HORTOONS



©HORTOON

THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

SEVENTH HOLE

ACROSS

1 Diamond shape
8 Swank
14 Hit on the bean
20 "Winnie-the-Pooh" author
21 Crescent-shaped
22 Have a thought
23 Bishop, e.g.
24 Apparel
25 It's hung and hit at fiesta
26 Start of an instruction
29 "Anne of Green Gables" novelist Lucy — Montgomery
30 "— have thought it?"
31 Instruction, part 2
39 Reindeer herders' region
45 Burrow
46 Scottish estate owner
47 1976 title film role for Robby Benson

48 Gin-and-lime
cocktails
50 Weeper of
Greek myth
52 Kitchen
appliance
brand
53 Everything
considered
54 Instruction,
part 3
59 Catholic
bigwigs
60 Huge time
unit
61 Elf
62 With
41-Down,
town near
New London,
Connecticut
63 — about
(near)
64 Have —
(know
someone
with clout)
65 Weak type
69 Terrif
70 NFL goals
71 See
97-Down
72 Instruction,
part 4
79 Steamers,
e.g.
80 Barbera's
partner in
cartoons

81 Artist
Rousseau
82 Onion's kin
84 Proceeds
87 Coffee option
90 Plaza Hotel
girl of kid-lit
91 Venus, just
before dawn
92 Instruction,
part 5
94 — Field
(Mets' home)
96 One all, e.g.
97 End of the
instruction
109 Team novice
110 Warrant
111 Actor Gary
113 Bee or ant
114 More timid
115 Put to use
116 Mall stands
117 Shines and
smooths
118 Vended

DOWN
1 Musical talk
2 Mata —
3 It's a sign
4 Vibraphonist
Jackson
5 Ho-hum
6 Inopportune
7 Shilly-shally
8 Model
Schiffer
9 Skating jump

10 Animated bug film
11 Go via sea
12 Scattered, as seeds
13 "For cryin' out loud!"
14 Two-footed
15 Aesir god
16 Confined, with "up"
17 Jack of early late-night TV
18 Bluesy James
19 Merger, e.g.
27 Knitting stitch
28 E. — (gut bacteria)
31 Band
32 Couscous alternative
33 Opens, as a gas tank
34 Sock variety
35 Film units
36 Baseball's Martinez
37 Shamrock's land
38 Revered one
40 Dinner piece
41 See 62-Across
42 Open a bit
43 Taboo thing
44 Unhearing

47 Carlisle of
the Go-Go's
49 Awful smell
51 Indirect
route
55 Tobacco
pipes
56 Get clothed
57 Is
58 Material for
some cans
63 Alley- —
65 Lambaste
66 Rome's
land, in
France
67 Acacia
relative
68 Badger
69 Incline
71 Resell
tickets
72 Mississippi
senator
Cochran
73 "Mary —
Little
Lamb"
74 One of the
deadly sins
75 Santa —
(some
winds)
76 Lead-in to
spore
77 67-Down,
for one
78 Personal
quirks

83 Article-
preceding
summary
85 Marks of
distinction
86 Cat Nation
tribe
88 Pollination
organs
89 Pâté de —
gras
92 Truck fuel
93 Vessel with a
bag, maybe
95 Streetcars
97 With
71-Across,
French
avant-garde
composer
98 TV actress
Anderson
99 Ho-hum
100 — out
(barely
earns)
101 Lit candle bit
102 "Hmm ... yes"
103 Zap, as
leftovers
104 Arduous
hike
105 Lost traction
106 Solder, say
107 Jannings of
old films
108 Demolish
112 Actor
Romero

ACROSS

1 Finished
5 Western state
9 Netflix rental
12 Tragic
13 Mexican
money
14 Debtor's let-
ters
15 Doctor's
determination
17 Beer cousin
18 Family mem-
ber
19 Hides
21 Contribute to
the mix
24 "Galloping
dominoes"
25 Destroy
26 Proud birds
30 Alias (abbr.)
31 "No man is
an island"
writer
32 Cravat
33 Maryland city
35 Ill will
36 Wedding
shower?
37 Breakfast
side dish
38 Part of
Hispaniola
40 Tolerate
42 Recede
43 Vibrating part
of a micro-
phone
48 Honest politi-
cian

1	2	3	4		5	6	7	8		9	10	11	
12					13					14			
15					16					17			
				18					19	20			
21	22	23					24						
25					26	27					28	29	
30					31					32			
33				34						35			
				36					37				
38	39					40	41						
42					43	44					45	46	47
48					49					50			
51					52					53			

49	Rim		lodging	28	Narc's measure
50	Always	9	Science of		sure
51	— Moines		logic	29	Spotted
52	American	10	Chevrolet	31	Tie-breaking
	Beauty, e.g.		model		game, e.g.
53	Allows	11	Union pay-	34	Smack
			ment	35	Keq
DOWN		16	Sister	37	"Humbug!"
1	Peculiar	20	"Foucault's	38	Leader
2	Half of XIV		Pendulum"	39	French cleric
3	Historic		author	40	Luggage
	period	21	Bedouin	41	Duel tool
4	Get back	22	Noble title	44	Altar affirma-
5	"Once — a	23	Bitter		tive
	time ..."		speeches	45	Rd.
6	Examination	24	Carvey or	46	Understand
7	"— was say-		Delany	47	Wife's
	ing, ..."	26	Sit for a shot		address
8	Monastery	27	Conclusion		

King Crossword

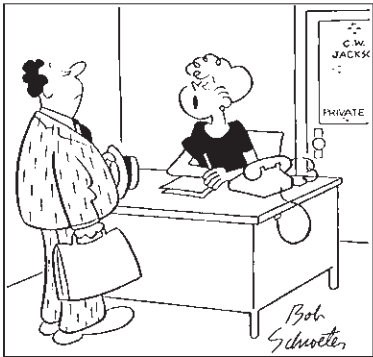
MAGIC MAZE

JAMES BOND VILLAINS

I O L R J G D A X V S P N L K
A I F S E C A X V S Q O E V L
J G H E W G C A B X V C O T R
P N N N L A N O J H H L F Z D
B Y X A V T J I R I R P O E M
K I G H M D L E F O L B E H V
D B Z K D A M F X D B W L C O
U T R O R T R E V E L Y A N K
Q O N L A E B A L J I O R A S
G F D C X A I K C Y X D G S O
W V T S R P G O N S L K O J K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Blofeld	Khan	Le Chiffre	Sanchez
Dr. No	Klebb	Mr. Big	Scaramanga
Drax	Koskov	Oddjob	Trevelyan
Goldfinger	Largo	Orlov	



"I guess you could say he's in but he's out — He's just back from a three- _____ lunch." answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Drift

DRAWNE

Curio

FILTER

Cuddle

FONDLE

Sneer

PRIMES

TODAY'S WORD

1			8	5				9
	5				2		6	
		6	3			1		
	8			9			7	1
9				2	7		3	
		3	4			5		
2					4			3
	9			6			4	
	6	5	2			9		

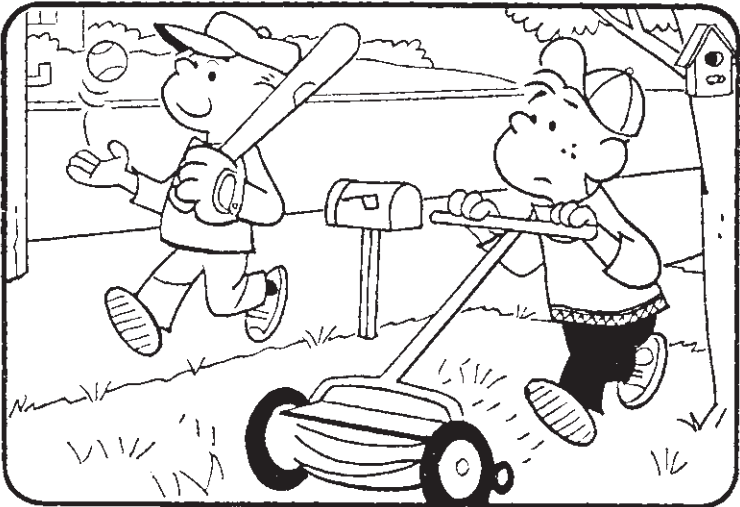
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

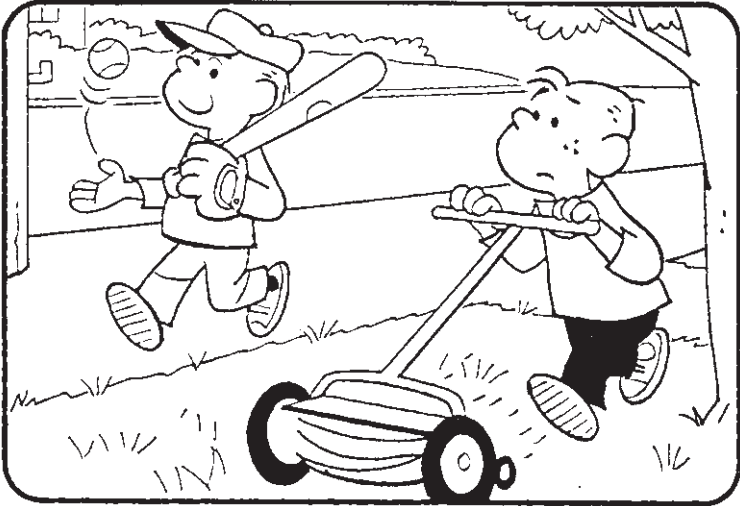
answer on page 29

HOCUS-FOCUS

BY HENRY BOLTINGOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Arm is moved. 2. Bat is moved. 3. Mailbox is missing. 4. Cap is missing. 5. Bird house is missing. 6. Sweater edging is missing.

Become Trap-Neuter-Return Certified For Free



Feral cats are returned to their maintained colonies after they are spayed or neutered

Help control the ever-growing feral cat population in the Lee County area by getting certified at Trap-Neuter-Return (TNR), with a free workshop hosted by partners Fortunate Ferals and Gulf Coast Humane Society (GCHS). The TNR workshop will be



Feral cats can be trapped and transported to Gulf Coast Humane Society to be spayed or neutered. GCHS is offering five free spay or neuters for feral cats if you take a free TNR Workshop and be certified. photos provided

Saturday, July 8 from 10 a.m. to noon on the GCHS campus

This workshop provides information and education on how to use the TNR method, earn a certification in the process and learn ways to help lower the feral cat overpopulation problem. For more information or to register, call 347- 403-1674. You can also register online at www.fortunatferals.org

Fortunate Ferals is a non-profit organization in Fort Myers that is dedicated to the TNR method. To help

spread the word about TNR, they offer free workshops so the public can be active in helping reduce the feral cat overpopulation problem.

"The ultimate goal of TNR is to spay and neuter every cat, because if only one female is left out there, it can produce many litters," said Fortunate Ferals organizer Glenda Sparrroft. "The outside elements and natural attrition, and even some getting hit by cars, will diminish the numbers."

The workshop teaches how to care


for the cat pre- and post-surgery as well as how to respond to upset neighbors. The GCHS Spay-Neuter Clinic also provides five free spay or neuters for feral cats to individuals who have taken the TNR certified workshop.


After the cats are spayed and neutered, they are returned to where they were trapped and released back into their colony. TNR is the best method for feral cats because they are not socialized enough to be inside, as well as there is just simply not enough homes to take in the amount of cats that are stray.


"This is such a great program to help control the feral population," said GCHS Executive Director Jennifer Galloway. "We are more than happy to partner with Fortunate Ferals to help alleviate the feral cat population through the most humane way possible and that's through TNR."


GCHS is located at 2010 Arcadia Street in Fort Myers, across from Fleamasters on Martin Luther King Boulevard.*

Read us online at IslandSunNews.com

**FRIDAY**
Scat'd T-storms
High: 89 Low: 78

**SATURDAY**
Scat'd T-storms
High: 88 Low: 78

**SUNDAY**
Scat'd T-storms
High: 88 Low: 76

**MONDAY**
Isolated T-storms
High: 84 Low: 75

**TUESDAY**
Mostly Cloudy
High: 85 Low: 77

**WEDNESDAY**
Partly Cloudy
High: 89 Low: 77

**THURSDAY**
Isolated T-storms
High: 88 Low: 76

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:34 am	5:20 am	12:07 pm	7:43 pm	Fri	1:39 am	5:22 am	11:12 am	7:45 pm	Fri	1:06 am	6:11 am	12:18 pm	7:43 pm	Fri	4:44 am	8:36 am	2:17 pm	10:59 pm
Sat	3:11 am	5:53 am	12:40 pm	8:17 pm	Sat	2:16 am	5:55 am	11:45 am	8:19 pm	Sat	1:52 am	7:04 am	12:56 pm	8:30 pm	Sat	5:21 am	9:09 am	2:50 pm	11:33 pm
Sun	3:40 am	6:28 am	1:15 pm	8:49 pm	Sun	2:45 am	6:30 am	12:20 pm	8:51 pm	Sun	2:42 am	7:54 am	1:31 pm	9:13 pm	Sun	5:50 am	9:44 am	3:25 pm	None
Mon	4:03 am	7:07 am	1:52 pm	9:21 pm	Mon	3:08 am	7:09 am	12:57 pm	9:23 pm	Mon	3:36 am	8:42 am	2:08 pm	9:52 pm	Mon	6:13 am	12:05 am	4:02 pm	10:23 am
Tue	4:26 am	7:51 am	2:31 pm	9:54 pm	Tue	3:31 am	7:53 am	1:36 pm	9:56 pm	Tue	4:23 am	9:27 am	2:55 pm	10:26 pm	Tue	6:36 am	12:37 am	4:41 pm	11:07 am
Wed	4:51 am	8:41 am	3:14 pm	10:29 pm	Wed	3:56 am	8:43 am	2:19 pm	10:31 pm	Wed	5:00 am	10:09 am	3:52 pm	10:58 pm	Wed	7:01 am	1:10 am	5:24 pm	11:57 am
Thu	5:20 am	9:39 am	4:02 pm	11:05 pm	Thu	4:25 am	9:41 am	3:07 pm	11:07 pm	Thu	5:34 am	10:48 am	4:45 pm	11:29 pm	Thu	7:30 am	1:45 am	6:12 pm	12:55 pm

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PUZZLE ANSWERS

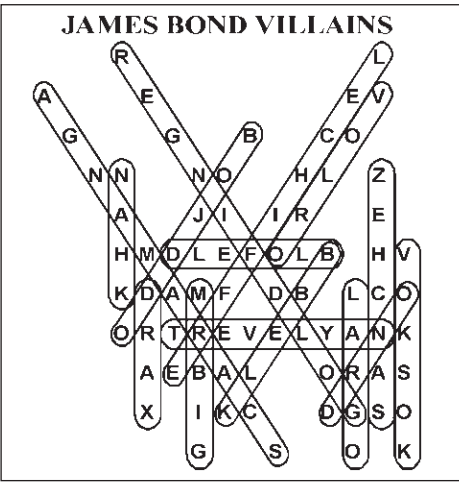
SUPER CROSSWORD

R	H	O	M	B	U	S		C	L	A	S	S		B	O	P	P	E	D					
A	A	M	I	L	N	E		L	U	N	A	T	E		I	D	E	A	T	E				
P	R	E	L	A	T	E		A	T	T	I	R	E		P	I	N	A	T	A				
I	N	T	H	I	S	P	U	Z	Z	L	E	S		C	E	N	T	R	A	L				
S	Q	U	A	R	E		R	E	W	R	I	T	E		I	N		L	A	P	L	A	N	D
T	U	N	N	E	L		L	A	I	R	D				B	I	L	L	Y	J	O	E		
R	I	C	K	E	Y	S		N	I	O	B	E						A	M	A	N	A		
I	N	A	L	L																				
P	O	P	E	S			E	O	N															
E	A	S	T																					
T	H	E																						
H	A	N	N	A																				
A	D	V	A	N	C	E	S																	
D	A	Y	S	T	A	R																		
E	L	S	E																					
R	O	O	K	I	E																			
I	N	S	E	C	T																			
K	I	O	S	K	S																			

KING CROSSWORD

O	V	E	R		U	T	A	H		D	V	D
D	I	R	E		P	E	S	O		I	O	U
D	I	A	G	N	O	S	I	S		A	L	E
			A	U	N	T		P	E	L	T	S
A	D	D	I	N				D	I	C	E	
R	U	I	N		P	E	A	C	O	C	K	S
A	K	A		D	O	N	N	E		T	I	E
B	E	T	H	E	S	D	A			B	I	L
		R	I	C	E			B	A	C	O	N
H	A	I	T	I		B	E	A	R			
E	B	B		D	I	A	P	H	R	A	G	M
A	B	E		E	D	G	E			E	V	E
D	E	S		R	O	S	E			L	E	T

MAGIC MAZE



SUDOKU

1	3	4	8	5	6	7	2	9
8	5	9	7	1	2	3	6	4
7	2	6	3	4	9	1	8	5
5	8	2	6	9	3	4	7	1
9	4	1	5	2	7	8	3	6
6	7	3	4	8	1	5	9	2
2	1	8	9	7	4	6	5	3
3	9	7	1	6	5	2	4	8
4	6	5	2	3	8	9	1	7

My Stars★★★★

FOR WEEK OF JULY 10, 2017

ARIES (March 21 to April 19) Aspects favor socializing with family and friends, but an irksome workplace situation could intrude. No use grumbling, Lamb. Just do it, and then get back to the fun times.

TAURUS (April 20 to May 20) There's still time for you Ferdinands and Fernandas to relax and sniff the roses. But a major work project looms and soon will demand much of your attention through the 24th.

GEMINI (May 21 to June 20) Your enthusiasm persuades even the toughest doubters to listen to what you're proposing. But don't push too hard, or you'll push them away. Moderate for best results.

CANCER (June 21 to July 22) Your energy levels are rising, and you feel you can handle anything the job requires. That's great. But don't isolate yourself. Keep your door open to your workplace colleagues.

LEO (July 23 August 22) A workplace change could lead to that promotion you've been hoping for. But you'll have to face some tough competition before the Lion can claim his or her share of the goodies.

VIRGO (August 23 to September 22) Your rigidity regarding a difficult workplace situation could be the reason your colleagues aren't rushing to your assistance. Try being more flexible in your demands.

LIBRA (September 23 to October 22) That uneasy mood could be your Libran inner voice reminding you that while it's great to be with your new friends, you need to take care not to ignore your old ones.

SCORPIO (October 23 to November 21) A sudden spate of criticism could shake the Scorpion's usually high sense of self-confidence. Best advice: You made a decision you believed in -- now defend it.

SAGITTARIUS (November 22 to December 21) Your reluctance to help restart a stalled relationship could be traced to unresolved doubts about your partner's honesty. Rely on a trusted friend's advice.

CAPRICORN (December 22 to January 19) The capricious Sea Goat is

torn between duty and diversion. Best advice: Do both. Tend to your workaday chores, then go out and enjoy your well-earned fun time.

AQUARIUS (January 20 to February 18) Cutting back on some of your activities for a few days helps restore your energy levels. You should be feeling ready to tackle your many projects early next week.

PISCES (February 19 to March 20) A co-worker might be secretly carping about your work to mutual colleagues. But associates will come to your defense, and the situation will ultimately work to your advantage.

BORN THIS WEEK: Your ambition makes you a success at whatever you choose to do -- especially if it's in the world of the performing arts.

THIS WEEK IN HISTORY

• On July 18, 64 A.D., the great fire of Rome breaks out and destroys much of the city. Despite the well-known stories, there is no evidence that the Roman emperor, Nero, played the fiddle while Rome burned. The fiddle did not even exist at the time, and Nero was 35 miles away when the fire broke out.

• On July 21, 365 A.D., a powerful earthquake causes a tsunami that devastates the city of Alexandria, Egypt. The tsunami wave carried ships over the sea walls, landing many on top of buildings. Some 5,000 people lost their lives.

• On July 23, 1918, Della Sorenson kills the first of her seven victims in rural Nebraska. Over the next seven years, friends, relatives and acquaintances died under mysterious circumstances. Sorenson was arrested and confessed, saying, "I like to attend funerals. I'm happy when someone is dying."

• On July 17, 1955, Disneyland opens on 160 acres of former orange groves in Anaheim, California. Today, Disneyland hosts more than 14 million visitors a year.

• On July 20, 1973, actor and martial-arts expert Bruce Lee dies in Los Angeles at age 32 from a brain edema, possibly caused by a reaction to a prescription painkiller. Growing up, Lee was a child actor who appeared in 20 Chinese films.

• On July 22, 2003, Army Pvt. Jessica Lynch, a prisoner of war who was rescued

from an Iraqi hospital, receives a hero's welcome when she returns to the U.S. Critics -- and Lynch herself -- later charged the U.S. government with embellishing her story to promote the Iraq war.

STRANGE BUT TRUE

• It was American journalist and political satirist P.J. O'Rourke who made the following sage observation: "No drug, not even alcohol, causes the fundamental ills of society. If we're looking for the source of our troubles, we shouldn't test people for drugs, we should test them for stupidity, ignorance, greed and love of power."

• If you're like many Americans, you celebrate the Fourth of July by cooking out. In fact, it's estimated that in the United States, 150 million hot dogs and 700 million pounds of chicken are consumed on that single day.

• Those who study such things say that the milk from a mother hippopotamus is pink.

• The Declaration of Independence was signed by 56 men from 13 colonies, but only one of them -- John Hancock -- actually signed it on July 4, 1776. Only two signers went on to become president of the United States: John Adams and Thomas Jefferson. In a striking coincidence, both men died on the same day, July 4, 1826 -- exactly 50 years after the adoption of the Declaration. Jefferson died first, at 12:50 p.m., at Monticello, his home in Virginia. At 6:20 that evening, at his home in Quincy, Massachusetts, John Adams died. Unaware of Jefferson's death earlier that day, Adams acknowledged his longtime friend and rival with his final words: "Thomas Jefferson survives."

• It was once believed that people with the bacterial infection cholera were suffering the wrath of God for their sins. In fact, the disease's name comes from the Spanish word for anger.

• The typical horse walks at a speed of 3 1/2 miles per hour.

THOUGHT FOR THE DAY

"We all have our time machines. Some take us back; they're called memories. Some take us forward; they're called dreams." -- Jeremy Irons

SCRAMBLERS

solution

1. Wander; 2. Trifle; 3. Enfold; 4. Simper

Today's Word
MARTINI

TRIVIA TEST

1. ANIMAL KINGDOM: What is a group of kangaroos called?
2. MEASUREMENTS: How many tablespoons are in a gallon?
3. LANGUAGE: What does the Spanish word "verde" mean in English?
4. U.S. STATES: Which U.S. state has the longest freshwater shoreline?
5. ANATOMY: What side of the brain is believed to be important for logic and rational thought?
6. FOOD & DRINK: What was the first successful brand of instant coffee?
7. MATH: How many letters are used in Roman Numerals?
8. ASTRONOMY: The Mariner probe program was developed to explore which planets?
9. COMICS: What was the secret identity of Batwoman?
10. GAMES: What is the first railroad you can land on after starting Monopoly at "Go"?

TRIVIA ANSWERS

1. A mob 2. 256 3. Green 4. Michigan 5. Left 6. Nescate 7. Seven 8. Mars 9. Venus and Mercury 9. Kathy Kane 10. Reading Railroad

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

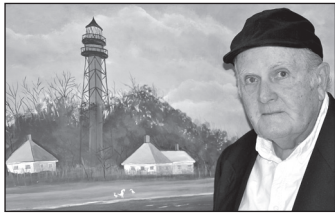
SANIBEL VIEW CONDO FOR SALE BY OWNER

Beautiful light, bright and spacious Condo for sale in Sanibel View. Excellent gated community in Fort Myers less than 5 minutes to Sanibel Causeway. Condo features 2 Bedrooms and 2 Full Baths (Master Suite & Guest Suite) plus Den; almost 1600 SF (plus newly screened lanai which opens to Living Room and Master Suite). Beautifully updated kitchen and baths; impeccably maintained; new A/C in 2016; all windows and doors are impact. Large 2 Car Garage; Elevator in building. Resort style amenities include pool & spa, workout room, tennis courts, community room, and more. Walk to Publix, dining, salons, etc. at Sanibel Beach Place through private gate.

Please call 859-753-8589 for information.

6/30 ★ 7/7

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★RS 4/29 CC TFN

HISTORIC DOWNTOWN FORT MYERS RIVER DISTRICT

A rare find in heart of Historic Downtown Fort Myers River District. This 3/2 Pool Home is located on a beautiful street in the best neighborhoods on the river side of McGregor Boulevard. With the open floor plan, this home is move-in ready and just steps away for your morning river walk.

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Century 21 Sunbelt Realty, Inc.
239-313-0792 or suzycallanan@gmail.com

6/23 ★ 7/14

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PRIME OFFICE SPACE

700 square feet at
1619 Periwinkle Way.
Immediate Occupancy.
Call Joe Gil 516-972-2883
or 800-592-0009.

★RS 4/7 CC TFN

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom,
Approx. 1,000 sq. feet.
This was Molnar Electric's old office.
Call Judy at 239-851-4073.

★RS 8/5 CC TFN

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and
tenants together
Call Ryan Block
www.remax-oftheislands.com
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★RS 1/4 BM TFN

ANNUAL RENTAL

ANNUAL RENTALS

Newly remodeled units in quiet
neighborhood on river, center of the island.
2BD/1BA, w/d \$1,800 &
2BD/2BA w/d \$2,100
TEXT ME: 239.728.1920
7/7 ★ TFN

ANNUAL RENTAL

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Updated 2BR/1 1/2 BA duplex,
2 story, tile and carpet. UF.
Most utilities included.
\$2,200/mo.

This 2BR/2 BA piling home,
Updated, large parcel,
detached Pool. UF.
Includes pool & yard care. \$2,500/mo.

This ground level 3/2 UF lakefront
Pool home is on cul-de-sac,
Walk to beach, Updated home.
Includes pool & yard care. \$3,200/mo.

FT. MYERS

Property in Gated Community
Close to Sanibel. 2BD/2BA
UF. Condo. \$1,350/mo.

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★ 7/7 TFN

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Furnished 1BD/1BA in wing of my home.
Pool, deep-water canal off River. Bring
your sailboat! All utilities, cable, Wi-Fi...
ONE 50+WORKING professional. \$850 +
Sec, Ref. No Pets/Smokers 239-297-8983.
6/30 ★ 7/7

ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

Ohio retired couple seeks Sanibel
unfurnished home with garage-pool quiet
location for long term lease.
BUSINESS PHONE - 614-595-6576.
6/30 ★ 7/7

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NATURAL HOME CLEANING

Optimize your health and home
Utilizing hydrogen peroxide, fresh citrus,
b. soda and Suds.
Sonya @ 239-246-7007.
5/26 ★ TFN

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End Associates Needed. Looking for
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individuals, with open availability
Monday through Sunday.
If interested call and ask for
John, Norm Sarah 472-9300.
1700 Periwinkle Way
★NS 5/6 BM TFN

BOATS - CANOES - KAYAKS

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Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
★RS 1/4 NC TFN

LOST AND FOUND

LOST CAT

Gray, medium hair. Last seen east end of
island, Skiff or Yachtsman Dr. Area.
May respond to name of "Prissy."
Reward. Call 239-277-0058.
6/16 ★ TFN

FOUND

Boating anchor / sand auger at Algier's
Beach, Sanibel on Sunday, 6/25/17. Call
361-443-1594 with description to claim.
6/30 ★ TFN

VEHICLES FOR SALE

2010 TOYOTA PRIUS I

Excellent/very good condition. Blue Book
Value \$9,500. Classic metallic silver. Low
mileage 49,500. New tires Jul-2017. Hybrid
engine, great gas mileage MPG 51 City/48
Hwy. Moving out of country. 239-671-5056.
7/7 ★ 7/7

GOLF CART FOR SALE



Street legal, "gas" powered.
\$7,000. 239-209-6500
★RS 1/20 BM TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from
the beach can be hard
on the fish. Dragging
a fish up onto the sand if
you're going to release it is
not an option as it usually
damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

PETS OF THE WEEK

Lee County Domestic Animal Services

Sparky And Petunia



Sparky ID# 548858

photos provided

Sparky is a nine-year-old male pit bull who is our strapping senior boy. He is in remarkable shape for his age and has lots of love left to give. He recently did a photo shoot for Take Your Dog To Work Day and, as you can see, he had a great time. If you would like a dog that will take a long walk with you and then hang out on the couch afterwards, he is the guy for you.

Adoption Fee: \$50

LCDAS is filled with adult cats. Petunia is a two-year-old female domestic shorthair who is just one of the many fabulous adults available. She has an independent personality and is definitely a self-starter kind of girl. Right now our adoption fee for adult cats is just \$10. And, they are adopt one get a feline friend at no charge! That's two for the price of one.

Adoption Fee: \$10

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600



Petunia ID# 702238

Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱

Haven on Earth Animal League

Tom, Jerry And Beatrix

Hi, we are brothers named Tom and Jerry, and we need to be adopted together. We are only three months old each and have already been neutered and are up-to-date on all vaccines. We have very handsome black and white markings. We are residing at Petland on College Parkway. Come see us and take us home with you. Our adoption fee is \$150 for both of us.

Hi there. I'm Beatrix. I'm only ten weeks old. I have beautiful long, black hair, and I am just the cutest little ball of fluff you will find. I also have a twin, named Cinders who looks just like me. I'm spayed and

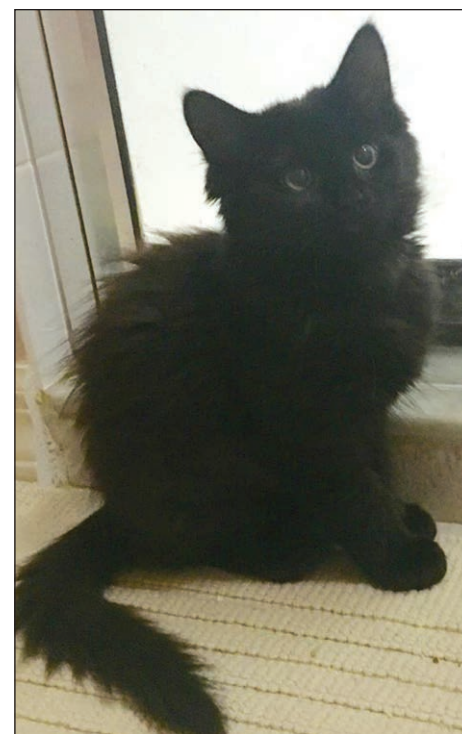


Tom and Jerry

photos provided

up-to-date on all vaccines. We are living with a foster mom and dreaming of our forever home. Our adoption fee is \$125 each.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✱



Beatrix

Calendar Girls 2018 Calendar

The Calendar Girls vintage 2018 calendar is now available. It honors the creative growth of dance through the ages and celebrates the arrival of the 18th sponsored guide dog for a veteran.

The Calendar Girls wish to thank the 89 local businesses for sponsoring the calendar and for continuing to support volunteer efforts.

To purchase a calendar, see your favorite Calendar Girl or call 850-6010.✱



Calendar Girls sponsored their 18th guide dog

photo provided

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2003	6,575	\$1,995,000	\$1,743,000	492
Villa D'este	Miromar Lakes	2017	2,782	\$1,495,000	\$1,375,000	114
Beachview Country Club Estates	Sanibel	2004	3,483	\$1,350,000	\$1,250,000	132
Longlake	Bonita Springs	1995	3,875	\$1,275,000	\$1,200,000	3
Creekside	Bonita Springs	1999	3,162	\$998,000	\$900,000	70
Cape Coral	Cape Coral	2006	2,433	\$949,999	\$885,000	151
Edgewater	Fort Myers	1997	3,688	\$945,000	\$905,000	7
Somerset	Fort Myers	2014	3,078	\$779,000	\$765,000	146
Wildcat Run	Estero	1992	3,844	\$750,000	\$750,000	308
Monteverdi	Fort Myers	2010	2,993	\$749,900	\$725,000	141

Courtesy of Royal Shell Real Estate



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– Dena R.F. 5/29/2017

“I love Under Armour, GAP, Oshkosh B’Gosh, Carters and Guess most. Great stores, good prices! Very nice Ladies in the Office.”

– Hof A. 5/28/2017

“Great deals, safe as can be, clean.... it’s a delight to shop”

– Pam M., 6/20/2017

“Great place to shop, well maintained...friendly sale people...Excellent prices!!!

– Mariana M. 5/18/2017

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